

AMHERST

State Qualifier



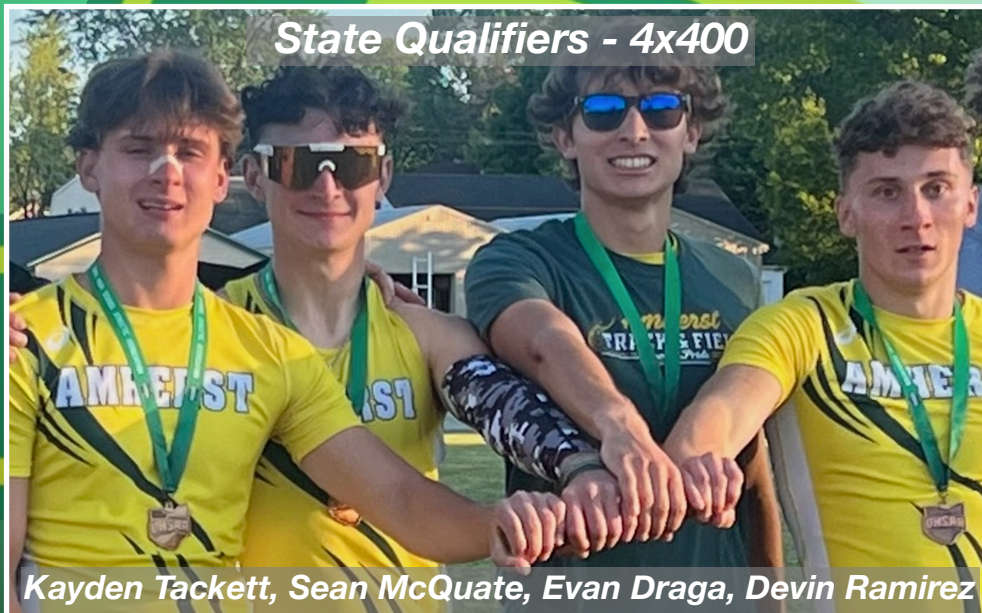
Luke Bowsby - 1600 M

State Qualifier



Ty Perez - 3200 M

State Qualifiers - 4x400



Kayden Tackett, Sean McQuate, Evan Draga, Devin Ramirez

2023 BOYS TRACK AND FIELD

2023 Boys Team Results

January 6th	NEOITC White Division Meet 1	4th of 10 teams	* 62.5 Points
January 20th	NEOITC White Division Meet 2	5th of 10 teams	* 58 Points
February 3rd	NEOITC White Division Meet 3	4th of 10 teams	* 63 Points
February 10th	Eastern States Indoor Meet	No Team Scores	*
February 17th	NEOITC All-Star Meet	No Team Scores	*
March 4th	OATCCC Indoor State Championship	No Points Scored	*
April 5th	At Avon Lake	Avon Lake Amherst	* 81.67 Points * 51.33 Points
April 12th	At North Ridgeville	Amherst North Ridgeville	* 70 Points * 66 Points
April 14th	Lorain County Invitational	6th of 16 teams	* 44 Points
April 19th	At Berea-Midpark	Berea-Midpark Amherst	* 76 Points * 60 Points
April 22nd	67th Comet Relays	17th of 26 teams	* 9 Points
April 26th	Olmsted Falls	Olmsted Falls Amherst	* 70 Points * 67 Points
April 28th	Berea Relays	12th of 14 teams	* 8 Points
May 3rd	SWC Preview Meet	No Team Scores	*
May 5th	Medina Last Chance Meet	4th of 8 teams	* 67 Points
May 8th	Avon and Avon Lake JV	No Team Scores	*
May 10 - 12th	Southwestern Conference Meet	2nd of 8 teams	* 114.5 Points
May 17 - 19th	Northeast District Meet	4th of 16 teams	* 69.5 Points
May 24 - 26th	Northwest Ohio Regional Meet	5th of 44 scoring	* 34 Points
June 2 - 3rd	Ohio State Championships	No Team Score	*

2023 BEST EFFORTS

Final

100 METER DASH	200 METER DASH	800 METER RUN	400 METER DASH	1600 METER RUN
11.5 Evan Draga 11.7 Ben Thompson 11.8 Kayden Tackett 11.9 Nate Lee 12.0 Kellen DiMacchia 12.2 Payton Gilles 12.4 Patrick Fellenstein 12.4 Gavin Taliano 12.4 Elijah Zelenka 12.6 Logan Farlow 12.7 David Lewis 12.7 Zachary Post 12.8 Dalton Lindsay 12.8 Andrew Giurbino 13.1 Keegan Kocsis 13.2 Braxton Martinez 13.7 Cyrus Elliot Fully Automatic Times: 11.40 Christian Heckmann 11.59 Ben Thompson 11.63 Austin Lugar 11.83 Alex Stacey 12.38 Elijah Zelenka 12.46 Kellen DiMacchia 12.70 Payton Gilles 12.86 Patrick Fellenstein 13.38 Zachary Post 60 Meter Dash: 7.52 Kayden Tackett 7.59 Austin Lugar 7.72 Alex Stacey 7.78 Nathaniel Lee 7.86 Andrew Giurbino 8.51 Joshua Thomas 8.58 Alexzander Hopkins	22.77 Sean McQuate 22.89 Ben Thompson 23.36 Austin Lugar 23.3 Kayden Tackett 23.8 Evan Draga 23.9 Alex Stacey 24.18 Christian Heckmann 24.42 i Nathaniel Lee 25.2 Kellen Dimacchia 25.2 Patrick Fellenstein 25.4 Mort Wilson 25.5 Payton Gilles 25.5 Andrew Giurbino 25.6 Gavin Taliano 26.1 Zachary Post 26.6 Braxton Martinez 28.2 Cyrus Elliot 28.40 Logan Farlow 28.7 Keegan Kocsis Relay Legs (lead): 22.2 Kayden Tackett 23.2 Austin Lugar 23.7 Nathaniel Lee 23.7 Evan Draga 23.9 Ben Thompson 24.4 Zachary Post 24.5 Alex Stacey 24.7 Payton Gilles 25.2 Andrew Giurbino 25.9 Henry Cislo Relay Legs (flying): 21.5 Sean McQuate 22.1 Austin Lugar 22.1 Ben Thompson 22.2 Evan Draga 22.5 Nathaniel Lee 22.6 Christian Heckmann 23.2 Kayden Tackett 23.7 Elijah Zelenka 23.9 Alex Stacey 24.6 Hemy Cislo 25.2 Gavin Taliano 25.4 Kellen DiMacchia 25.6 David Lewis 26.5 Nathan Stewart 27.1 Alexzander Hopkins 300 METER HURDLES 40.22 Kayden Tackett 42.06 Henry Cislo 44.2 Nate Lee 45.9 Nathan Stewart 48.1 Dalton Lindsay 50.3 Logan Farlow	1:55.7 r Luke Bowlsby 1:58.9 r Devin Ramirez 2:00.5 r Ty Perez 2:03.9 r Joseph Miller 2:12.3 r Mort Wilson 2:14.6 Manny Trevino 2:19.8 r Asa Nicely 2:20.4 r Jacob Michalak 2:20.7 Zeke DeMercurio 2:22.3 r Adam Mausser 2:22.8 r Matt Walker 2:25.40 Dax Bremer 2:25.6 r Ben Susi 2:25.7 r Rayan Zaidi 2:28.0 Luke Naro 2:36.1 r Logan Pitcock 2:38.8 Carter Crawford 2:43.6 Braeden Bard 2:52.6 Paul Chemey 2:55.1 Andrew Ray 110 METER HURDLES 16.00 Henry Cislo 17.28 Nate Lee 17.6 Nathan Stewart 19.9 Andrew Giurbino 20.48 Dalton Lindsay 60 Meter Hurdles: 9.11 Kayden Tackett 9.70 Henry Cislo	50.74 Kayden Tackett 51.02 Sean McQuate 52.5 Devin Ramirez 53.03 Alex Stacey 53.43 Ben Thompson 56.76 Mort Wilson 58.68 Manny Trevino 1:00.23 Gavin Taliano 1:03.8 Paul Chemey 1:04.81 Braeden Bard 1:14.10 Andrew Ray 1:21.6 Rayan Zaidi 1:25.9 Cairo Rivera Relay Legs (lead): 49.9 Kayden Tackett 50.8 Sean McQuate 52.4 Ben Thompson 52.8 Devin Ramirez 53.5 Evan Draga 54.1 Alex Stacey 57.7 Mort Wilson 57.8 David Lewis 58.6 Dalton Lindsay 58.7 Nathan Stewart 1:02.3 Jacob Michalak 1:02.5 Asa Nicely 1:03.0 Zachary Post 1:03.9 Zeke DeMercurio 1:05.2 Luke Naro 1:05.4 Kellen DiMacchia 1:05.6 Keegan Kocsis 1:06.0 Logan Farlow 1:09.0 Rayan Zaidi Relay Legs (flying): 49.6 Devin Ramirez 49.8 Kayden Tackett 50.0 Sean McQuate 51.0 Evan Draga 51.4 Alex Stacey 53.4 Ben Thompson 55.1 Mort Wilson 56.8 Henry Cislo 56.8 Ty Perez 56.9 Joseph Miller 58.1 Dalton Lindsay 58.7 Gavin Taliano 58.8 Manny Trevino 59.0 Matt Walker 59.8 Andrew Giurbino 1:01.1 Adam Mausser 1:01.9 Payton Gilles 1:02.0 Kellen Dimacchia 1:02.0 Zeke DeMercurio 1:02.5 Asa Nicely 1:02.6 Paul Chemey 1:04.0 Braeden Bard 1:04.4 Carter Crawford 1:05.1 Ben Susi 1:05.1 Rayan Zaidi 1:05.6 Patrick Fellenstein 1:05.7 Braxton Martinez 1:05.9 Cyrus Elliot 1:05.9 Logan Pitcock 1:06.0 Zachary Post 1:08.5 Luke Naro 1:08.7 Logan Farlow 1:11.5 Andrew Ray 1:11.6 Dax Bremer	4:15.31 Luke Bowlsby 4:23.53 Ty Perez 4:54.10 Jacob Michalak 4:56.3 Matt Walker 4:58.0 Joseph Miller 5:01.4 Ben Susi 5:02.6 Rayan Zaidi 5:02.7 Zeke DeMercurio 5:08.8 Asa Nicely 5:16.9 Adam Mausser 5:20.8 Carter Crawford 5:28.4 Logan Pitcock 5:31.3 Manny Trevino 5:45.08 Luke Naro 5:46.0 Dax Bremer 6:09.8 Paul Chemey 6:16.2 Andrew Ray 6:24.6 Braeden Bard HIGH JUMP RELAY HIGH JUMP 5'7 Nathan Stewart 5'6 Elijah Zelenka 5'6 Zachary Post WEIGHT THROW 52'5 Samuel George 40'4 1/2 Caden Henry 35'6 James Psimer 30'1 1/2 Camden Simo 22'8 Lane Studstill POLE VAULT 13'10 Evan Draga 12'0 Cooper Miller 11'0 Austin Lugar POLE VAULT RELAY 34'6 <i>Comet Relays</i> <i>Draga, Miller, Lugar</i> SHOT PUT RELAY 115'1 <i>Comet Relays</i> <i>George, Henry, Psimer</i>
4x100 METER RELAY	4x200 METER RELAY	4x400 METER RELAY	LONG JUMP RELAY	DISCUS RELAY
44.21 <i>District Meet</i> <i>Draga, Thompson, Stacey, Lugar</i>	1:29.19 <i>District Meet</i> <i>Tackett, Thompson, Lugar, McQuate</i>	3:21.35 <i>Regional Meet</i> <i>Tackett, McQuate, Draga, Ramirez</i>	53'4 1/4 <i>Comet Relays</i> <i>Giurbino, Zalenka, Stewart</i>	327'3 <i>Comet Relays</i> <i>Mayer, Simo, Wilson</i>
4x800 METER RELAY	4x1600 METER RELAY	DISTANCE MEDLEY RELAY	SPRINT MEDLEY RELAY	SHUTTLE HURDLES
8:02.46 <i>Regional Meet</i> <i>Ramirez, Miller, Perez, Bowlsby</i>	20:22.93 <i>Comet Relays</i> <i>Miller, Michalak, Zaidi, Walker</i>	10:58.53 <i>Comet Relays</i> <i>Bowlsby, Stacey, Ramirez, Perez</i>	1:36.36 <i>Comet Relays</i> <i>Draga, Thompson, McQuate, Tackett</i>	

Amherst Boys Outdoor School Records

(Yard records converted to meters)

100 Meter Dash	10.64	Greg Norman	State Meet	2000
200 Meter Dash	21.70	Greg Norman	SWC Meet	2000
400 Meter Dash	48.74	Justin Shields	Regional Meet	2006
800 Meter Run	1:52.1c	Jim Welte (1:52.87 for 880 yds)	District Meet	1978
1600 Meter Run	4:13.7c	Glen Wilburn (4:15.3 for 1 mile)	Ohio T.F.A. Classic	1972
3200 Meter Run	8:55.9c	Pete Kummant (8:59.3 for 2 miles)	Sectional Meet	1975
5000 Meter Run	14:35.4	Pete Kummant	Jr. Nationals	1975
10000 Meter Run	30:36.0	Jeff Wilhelm	Jr. Nationals	1975
100 Meter Hurdles	14.48	Sean Deegan	Regional Meet	1999
300 Meter Hurdles	38.63	Sean Deegan	State Meet	1999
400 Meter Hurdles	1:02.98	Chase Klingshirn	Beach Run Invitational	2012
4 x 100 M Relay	42.94	Adam Hamilton, Bobby Madison, Steve Greenleaf, Greg Norman	Regional Meet	2001
4 x 200 M Relay	1:29.19	Kayden Tackett, Evan Draga, Austin Lugar, Sean McQuate	District Meet	2023
4 x 400 M Relay	3:19.5	Brian Dusho, Charlie Huh, Dave Kardos, Mike Kardos	Regional Meet	1988
4 x 800 M Relay	7:45.5c	Dennis Schneider, Jack Malin, Rich Kopronica, Jim Welte (7:49.3 4x880 y)	Bay Relays	1978
4 x 1600 M Relay	17:47.2c	Scott Snyder, Tony Otto, Glen Wilburn, Joe Mulica (17:53.6 for 4xMile)	Berea Relays	1972
Sprint Medley	1:35.2	Mike Smith, Tony Kolarsky, Tony McClinton, Mike Kardos	Berea Relays	1988
Distance Medley	10:16.6c	Bill Boesel, Dean Kerekes, Jeff Wilhelm, Pete Kummant (10:20.0 in yds)	Berea Relays	1975
Shuttle Hurdles (low)	59.4	Jeff Belvo, Dane Cooley, Scott Belvo, Bill Bartos	Comet Relays	1970
	59.4	Dave Armstrong, Bill Bartos, Tim Keisman, Monty Parrish	Comet Relays	1972
Shuttle Hurdles (high)	1:04.7	Mark Bird, Bill Michaels, Rusty Garber, Bill Hartle	Berea Relays	1988
High Jump	6'10	Tyler Parrish	Lorain County Meet	2011
High Jump Relay	18'8	Ron Park, Kyle Cooley, Greg Phillips	Comet Relays	1978
Long Jump	23'6	Chris Slatt	Regional Meet	1996
Long Jump Relay	63'6	Dennis Trace, Bill Bartos, Mike Sanner	Bay Relays	1971
Shot Put	58'8 1/2	Brian Alford	Regional Meet	1989
Shot Put Relay	157'0	Terry Murello, Gregg Sauer, Kevin Haas	Comet Relays	1977
Discus	171'5	Adam Altabbaa	Vs. Midpark & Berea	2007
Discus Relay	430'8	Dave Dovala, Todd Cotton, Rich Colella	Bay Relays	1980
Pole Vault	16'0 1/4	Dominic Pellettieri	SWC Meet	2001
Pole Vault Relay (3)	42'0	Dominic Pellettieri, Nick Bigrigg, Mike Bigrigg	Comet Relays	2001
Pole Vault Relay (2)	26'0	Logan Freeman, Erik Henderson	Comet Relays	2017
Triple Jump	42'9 3/4	Mike Lugar	USATF Region V Meet	1996
Decathlon	6236	Mike Lugar	USATF Region V Meet	1996
Hammer Throw	179'4	Jaret Prete	NB Outdoor Nationals	2018
Javelin	172'0	Walt Michael	Class Meet	1937

Amherst Boys Indoor School Records

60 Meter Dash	6.86	Greg Norman	Nike Indoor Classic	2001
200 Meter Dash	23.04	Shawn Chrapczynski	Akron Indoor	2008
400 Meter Dash	50.74	Kayden Tackett	NEOITC All-Star Meet	2023
800 Meter Run	1:55.65	Mike Kardos Jr.	State Indoor Meet	2014
1600 Meter Run	4:15.8c	Pete Kummant	USTFF Meet	1974
3200 Meter Run	9:19.65	Josh Hill	State Indoor Meet	2018
5000 Meter Run	15:13.72	Josh Hill	National Indoor Meet	2018
60 Meter High Hurdles	8.41	Dominic Deshuk	NEOITC All-Star Meet	2020
800 Meter Relay	1:33.75	Austin Lugar, Ben Thompson, Evan Draga, Sean McQuate	NEOITC Blue 3	2023
1600 Meter Relay	3:27.97	Brandon Fernandez, Scott Kelly, Mike Kardos Jr., Joe Mihalcik	State Indoor Meet	2014
3200 Meter Relay	8:03.8	Paul Wagner, Jeff Mann, Edd Clayton, Tim Welte	Ohio T.F.A. Meet	1981
Shot Put	52'7	Jon Pippert	Oberlin Indoor	2004
Weight Throw	66'2	Jaret Prete	SPIRE Showcase	2019
High Jump	6'10	Brent Rancher	Oberlin Indoor	2000
Pole Vault	15'4	Dominic Pelettieri	Oberlin Indoor Classic	2001
Long Jump	20'11	Chris Schmittle	State Indoor Meet	2010
Triple Jump	40'9 3/4	Tyler Parrish	Ohio State Indoor	2011
Sprint Medley	3:41.1 c	Bruce Bailey, Bill Bartos, Barry Donahoo, Tony Otto (3:42.5 y)	Huron (MI) Relays	1972
Distance Medley	10:32.6 c	Bruce Bailey, Tony Otto, Joe Mullica, Glen Wilburn (10:36.0 y)	Huron (MI) Relays	1972

All-Time Top 10 Boys by Event

100 METER DASH			
1.	Greg Norman	11 10.64	2000
2.	Nick Agostinelli	11 10.7	2003
3.	Chris Slatt	11 10.8	1995
4.	Shawn Chrapczynski	12 10.8	2008
5.	Justin Shields	11 10.9	2005
6.	Lary Overmire	12 11.0 c 10.1	1975
7.	Pete Restivo	12 11.0	1998
8.	John Agostinelli	12 11.0	1999
9.	Mickey Mann	12 11.0	2004
10.	Bob Milhuta	12 11.1 c 10.2	1943
	Dennis Trace	10 11.1 c 10.2	1959
	Jery Pery	12 11.1 c 10.2	1962
	Dick Mollison	12 11.1 c 10.2	1964
	Roger Aschenbach	12 11.1 c 10.2	1965
	Tom Sanbom	12 11.1 c 10.2	1969
	Tony McClinton	11 11.1	1987
	Bob Smith	10 11.1	1987
	Tony Kolarsky	12 11.1	1988

800 METER RUN			
1.	Jim Welte	12 1:52.1 c 1:52.7	1978
2.	Tom Schoemig	12 1:53.4 c 1:54.0	1965
3.	Gianni Catalano	12 1:53.45	2007
4.	Mike Kardos, Jr.	12 1:54.05	2014
5.	Jack Malin	12 1:54.1 c 1:54.7	1978
6.	Nom Tipton	12 1:54.9	1980
7.	Tony Otto	12 1:55.0 c 1:55.6	1973
8.	Larry Watson	12 1:55.6 c 1:56.2	1976
9.	Dave Kardos	12 1:55.64	1989
10.	Bruce Bailey	12 1:55.9 c 1:56.5	1972

POLE VAULT			
1.	Dominic Pelletieri	12 16'0 1/4	2001
2.	Eric McCallister	12 15'3	1997
3.	Matt Zvosec	11 15'2	2010
4.	Nick Bigrigg	12 15'0	2001
5.	Adam Kalivoda	12 15'0	2009
6.	Mike Lugar	12 14'10	1996
7.	Alex Boiwka	12 14'9	2006
8.	Mark Bird	12 14'6	1990
9.	Mike Bigrigg	12 14'6	2002
10.	Logan Freeman	12 14'0	2017

200 METER DASH			
1.	Greg Norman	11 21.70	2000
2.	Brandon Kish	10 22.27	2007
3.	Shawn Chrapczynski	12 22.3	2008
4.	Dick Mollison	12 22.3 c 22.4	1964
5.	Tom Sanbom	12 22.3 c 22.4	1969
6.	Don Moore	12 22.4 c 22.5	1954
7.	Jery Pery	12 22.4 c 22.5	1962
8.	Justin Shields	11 22.55	2005
9.	Mickey Mann	12 22.5	2004
10.	Lary Overmire	12 22.6 c 22.7	1975
	J.B. Cirata	12 22.6	1994

1600 METER RUN			
1.	Glenn Wilbum	11 4:13.7 c 4:15.3	1972
2.	Jeff Wilhelm	11 4:14.0 c 4:15.6	1976
3.	Pete Kummant	11 4:14.8 c 4:16.4	1974
4.	Luke Bowlsby	11 4:15.31	2023
5.	Tom Schoemig	12 4:16.5 c 4:18.1	1965
6.	Josh Hill	12 4:18.84	2019
7.	Joe Mulica	12 4:21.3 c 4:22.9	1972
8.	Dan Moody	12 4:23.3 c 4:24.9	1969
9.	Greg Balogh	11 4:24.0	1994
10.	Jared Myers	10 4:24.2	1990

HIGH JUMP			
1.	Tyler Parrish	12 6'10	2011
2.	Dave Armstrong	12 6'7 7/8	1973
3.	Mark Bird	12 6'7	1990
4.	Kyle Cooley	12 6'6	1980
5.	Kevin Hissong	12 6'6	1993
6.	Brent Rancher	10 6'6	2000
7.	Casey Copa	12 6'5	2007
8.	Ron Park	12 6'4	1977
9.	Pete Wiegand	12 6'4	1982
10.	Todd Lugar	12 6'4	1991
	Mike Lugar	12 6'4	1996
	Sean Deegan	11 6'4	1998

400 METER DASH			
1.	Justin Shields	12 48.74	2006
2.	Mike Kardos	11 48.8	1988
3.	Mike Kardos, Jr.	12 49.88	2014
4.	Denver Tomblin	11 50.00	1995
5.	Dave Ferguson	11 50.02	2003
6.	Jason Amburger	12 50.03	2001
7.	Brian Dusho	12 50.0	1989
8.	Gianni Catalano	11 50.47	2006
9.	Lary Overmire	12 50.5 c 50.8	1975
10.	Mickey Mann	12 50.54	2004

3200 METER RUN			
1.	Pete Kummant	12 8:55.9 c 8:59.3	1975
2.	Glenn Wilbum	11 9:03.9 c 9:07.3	1972
3.	Jeff Wilhelm	12 9:11.6 c 9:15.0	1977
4.	Josh Hill	11 9:14.35	2018
5.	Dale Mitiska	12 9:24.0 c 9:27.4	1974
6.	Ty Perez	11 9:24.39	2023
7.	Dennis Schneider	12 9:25.9 c 9:29.3	1978
8.	Todd Krase	12 9:28.33	1988
9.	Kyle Lowry	12 9:28.69	2009
10.	Jack Malin	12 9:29.6 c 9:33.0	1978

SHOT PUT			
1.	Brian Alford	12 58'8 1/2	1989
2.	Terry Murello	12 57'4 1/4	1977
3.	Jon Pippert	12 57'0 1/4	2004
4.	Ryan Kish	12 53'10 1/2	2006
5.	Zac Papay	11 53'10	2010
6.	Adam Altabba	12 53'5 1/2	2007
7.	Bary Fairchild	12 53'4 3/4	1978
8.	Gregg Sauer	12 53'4	1977
9.	Bill Van Curan	12 53'2 1/2	1971
10.	Kevin Haas	11 53'1 1/2	1976

100 METER HURDLES			
1.	Sean Deegan	12 14.48	1999
2.	Kyle Cooley	12 14.5	1980
3.	Bobby Madison	11 14.83	2001
4.	Dominic Deshuk	11 14.97	2019
5.	Rick Zvosec	12 14.8	1976
6.	Mark Bird	12 14.9	1990
7.	Mike Lugar	12 15.0	1996
8.	Eric McCallister	12 15.0	1997
9.	Denver Voss	12 15.26	2016
10.	Dave Armstrong	12 15.2	1973
	Matt Jacobs	12 15.2	1992

LONG JUMP			
1.	Chris Slatt	12 23'6	1996
2.	J.B. Cirata	12 22'2 1/2	1994
3.	Chris Schmittle	11 21'10 3/4	2009
4.	Caleb Stempowski	11 21'10 3/4	2019
5.	Dave Armstrong	12 21'7 1/2	1973
6.	Dennis Trace	12 21'7 1/2	1971
7.	Josh Birkline	12 21'6 3/4	2012
8.	Tom Sanbom	12 21'6	1969
9.	Mike Lugar	12 21'5 1/2	1996
10.	Dominic Deshuk	11 21'5 1/2	2019

DISCUS			
1.	Adam Altabba	12 171'5	2007
2.	Gregg Mazurek	12 170'3	1967
3.	Jaret Prete	12 165'3	2019
4.	Dave Dovala	12 164'8	1980
5.	Jon Pippert	12 162'8	2004
6.	Brian Alford	12 161'7	1989
7.	Bill Van Curan	12 155'4	1971
8.	Gary Cloud	12 154'10	1974
9.	Brandon Colvig	12 154'8	2008
10.	Chris Cotterill	12 153'4	1989

300 METER HURDLES			
1.	Sean Deegan	12 38.63	1999
2.	Kyle Cooley	12 39.2	1980
3.	Rich Kopronica	11 39.5	1978
4.	Dominic Deshuk	11 39.75	2019
5.	Franz Flickinger	12 39.76	2007
6.	Kayden Tackett	12 40.22	2023
7.	Al Kneisel	12 40.1	1995
8.	Rob Rigsby	10 40.2	1985
9.	Chris Kelleher	12 40.2	1981
10.	Todd Lugar	12 40.6	1991

TRIPLE JUMP			
1.	Mike Lugar	12 42'9 3/4	1996
2.	Ron Wantuck	12 41'2	1975
3.	Dennis Trace	12 39'7 1/2	1971
4.	Kyle Cooley	12 39'2	1980
5.	Lary Watson	12 39'3 1/2	1976
6.	Dale Swift	11 39'0 1/2	1975
7.	Tyler Parrish	11 39'8 1/2	2010
8.	Dave Armstrong	12 37'2 3/4	1971
9.	Brandon Velazquez	11 36'7	2015
10.	Gregg Northeim	11 35'8 1/2	1976

Boys Top 10 Indoor Performances

60 METER DASH			800 METER RUN			4 x 200 METER RELAY		
1. Greg Norman	12 6.86	2001	1. Mike Kardos	12 1:55.65	2014	1. Lugar, Thompson, Draga, McQuate	1:33.75	2023
2. Dominic Deshuk	12 7.25	2020	2. Tony Otto	12 1:58.0c	1973	2. Szczepanik, Draga, Giannuzzi, McQuate	1:35.79	2022
3. Shawn Chrapczynski	12 7.28	2008	3. Dave Kardos	12 2:02.4	1989	3. Fichtner, Halfhill, Vitelli, McQuate	1:37.26	2020
4. Nick Agostinelli	11 7.31	2003	4. Josh Hill	11 2:02.49	2018	4. Davis, Vitelli, Plaza, McQuate	1:37.31	2021
5. Chris Schmittle	10 7.40	2008	5. Deryll Guidish	12 2:02.7	1982	5. Kardos, Kolarsky, McClinton, Huh	1:37.5	1988
6. Lukas Fichtner	12 7.40	2020	6. Dane Johnson	11 2:02.83	2015	6. Gentile, Belvo, Traster, Pastron	1:37.7c	1970
7. Ben Yuhasz	12 7.42	2017	7. Brad Kirsch	12 2:02.85	2019	7. Reed, Shorts, Deshuk, Yuhasz	1:38.17	2017
8. Max Reed	11 7.44	2016	8. Jacob Farley	12 2:02.97	2021	8. Wearsch, Yuhasz, Nold, Reed	1:38.21	2016
9. Sean McQuate	10 7.51	2021	9. Cameron Shawver	12 2:03.68	2017	9. Deshuk, Kukucka, Stempowski, Shorts	1:38.94	2019
10. Kayden Tackett	12 7.52	2023	10. Greg Balogh	11 2:04.7	1994	10.	1:39.3	1989
60 METER HURDLES			1600 METER RUN			4 x 400 METER RELAY		
1. Dominic Deshuk	12 8.41	2020	1. Pete Kummant	12 4:15.8c	1974	1. Kelly, Fernandez, Mihalcik, Kardos	3:27.97	2014
2. Denver Voss	12 8.84	2016	2. Jeff Wilhelm	12 4:20.4c	1976	2. Klingshim, Gula, Glowacki, Kardos	3:30.05	2013
3. Michael Shorts	12 9.08	2019	3. Josh Hill	11 4:24.76	2018	3. McQuate, Stacey, Draga, Tackett	3:30.15	2023
4. Kayden Tackett	12 9.11	2023	4. Glen Wilbum	12 4:26.0c	1972	4. Kelly, Baumgartner, Sturgeon, Yuhasz	3:32.67	2017
5. Chris Hartle	11 9.1	1991	5. Greg Balogh	12 4:30.0	1995	5. Fernandez, Perkins, Kelly, Johnson	3:35.53	2015
6. Greg Ford	12 9.39	2009	6. Scott Snyder	12 4:32.7c	1973	6. Ramirez, Davis, Plaza, Farley	3:36.32	2021
7. Henry Cislo	10 9.70	2023	7. Zak Wilbum	11 4:36.48	2004	7. Glowacki, Hause, Kardos, Wesley	3:36.64	2012
8. Chase Klingshim	12 9.81	2013	8. Sebastian Pecora	12 4:37.54	2022	8. McQuate, Tackett, Plaza, Szczepanik	3:37.43	2022
9. A.J. Myosky	11 10.05	2009	9. Miles Pittak	10 4:38.60	2009	9. Bailey, Mullica, Vamer, Otto	3:37.4c	1972
10. Steve Lockard	10 10.76	2004	10. Luke Bowsby	9 4:39.14	2021	10. Trace, Grasse, Bailey, Snyder	3:38.2c	1971
200 METER DASH			3200 METER RUN			4 x 800 METER RELAY		
1. Shawn Chrapczynski	12 23.04	2008	1. Josh Hill	11 9:19.65	2018	1. Wagner, Mann, Clayton, Welte	8:03.8	1981
2. Sean McQuate	12 23.21	2023	2. Glen Wilbum	12 9:35.5c	1972	2.	8:12.6	1982
3. Dominic Deshuk	12 23.47	2020	3. Jeff Wilhelm	10 9:41.9c	1974	3. Sommers, McGurk, Myers, Lee	8:23.0	1991
4. Ben Yuhasz	12 23.66	2017	4. Kyle Lowy	12 9:42.71	2009	4. Shawver, Hill, Sturgeon, Kelly	8:23.95	2017
5. Ben Thompson	9 23.79	2023	5. Tim Hagland	12 9:42.84	2006	5. Farley, Pecora, Ramirez, Walker	8:28.32	2021
6. Nick Agostinelli	11 23.95	2003	6. Zak Wilbum	12 9:49.70	2005	6. Hill, D.Baumgartner, B. Kirsch, DelValle	8:28.43	2018
7. Caleb Stempowski	11 23.95	2019	7. Dale Mitiska	12 9:47.5c	1974	7. Haramia, Kelly, Sergeant, Colon	8:33.52	2014
8. Tom Sanborn	12 24.0	1968	8. Bob Washburn	12 9:50.8c	1971	8. Snyder, Mullica, Wilbum, Otto	8:09.7c	1972
9. Donny Wearsh	10 24.18	2015	9. Ty Perez	10 10:00.69	2022	9. Boesel, Marrone, Watson, Mlinark	8:15.9c	1974
10. Nathaniel Lee	12 24.42	2023	10. Zak Brinkley	12 10:04.7	1999	10. Snyder, Boesel, Kummant, Shiltz	8:25.7c	1973
400 METER DASH			HIGH JUMP			LONG JUMP		
1. Kayden Tackett	12 50.74	2023	1. Brent Rancher	11 6'10	2000	1. Chris Schmittle	12 20'11	2010
2. Mike Kardos	12 50.92	2014	2. Tyler Pamish	12 6'9	2011	2. Dominic Deshuk	12 20'10	2020
3. Brandon Fernandez	11 52.24	2015	3. Dave Armstrong	12 6'6	1973	3. Caleb Stempowski	12 20'7 1/2	2020
4. Sean McQuate	11 52.70	2022	4. Kevin Hissong	12 6'5	1993	4. Tyler Parrish	12 20'7	2011
5. Scott Kelly	9 53.01	2014	5. Caleb Stempowski	12 6'5	2020	5. Bill Hartle	12 20'6	1990
6. Nick Glowacki	11 53.48	2012	6. Mark Bird	12 6'4	1990	6. J.B. Cirata	12 20'4 1/2	1994
7. Ben Thompson	9 53.77	2023	7. Casey Copa	12 6'4	2007	7. Chris Slatt	12 20'3 1/2	1995
8. Denver Tomblin	11 53.8	1995	8. Sean Deegan	11 6'2	1998	8. Josh Birkline	12 20'1	2012
9. Andrew Souders	12 53.98	2012	9. Zac Glowacki	11 6'2	2015	9. Adam Kuncel	12 19'11 1/4	2001
10. Dane Johnson	11 54.11	2015	10. Mike Lugar	10 6'1	1995	10. Zac Glowacki	12 19'9	2016
SHOT PUT			POLE VAULT			WEIGHT THROW		
1. Jon Pippert	12 52'7	2004	1. Dominic Pelettieri	12 15'4	2001	1. Jaret Prete	12 66'2	2019
2. Ryan Kish	12 52'1	2006	2. Matt Zvosec	12 15'0	2011	2. Brad Gregory	12 52'6	2021
3. Zac Papay	12 49'11	2011	3. Nick Bigrigg	12 14'0	2001	3. Sam George	12 52'5	2023
4. Adam Altabba	11 49'2	2006	4. Alex Boiwka	12 14'0	2005	4. Adam Altabba	11 44'3	2006
5. Mark Valenti	12 49'1 1/2	1992	5. Adam Kalivoda	12 14'0	2009	5. Aum Desai	11 43'9	2019
6. Erik Bettchker	12 48'8 1/4	1992	6. Brandon Velasquez	11 13'9	2015	6. Caden Henry	12 40'4 1/2	2023
7. Jaret Prete	12 48'8 1/4	2019	7. Evan Draga	12 13'9	2023	7. Jacob Ludwig	12 39'3	2020
8. Nick Pastron	12 47'8 1/2	1998	8. Eric McCallister	12 13'0	1997	8. James Psimer	10 35'6	2023
9. Gino Cioffi	10 46'6 1/2	2011	9. Logan Freeman	12 13'0	2017	9. Zach Bunnell	11 34'0	2022
10. Sam George	12 45'0 1/4	2023	10. Mark Bird	12 12'6	1990	10. Matt Mendak	10 33'7	2019
			11. Mike Lugar	12 12'6	1995			
			12. Mike Bigrigg	11 12'6	2001			
			13. Cory Prosowski	12 12'6	2006			
TRIPLE JUMP								
1. Tyler Parrish	12 40'9 3/4	2011						
2. Brandon Velasquez	10 35'9	2014						
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								

State Meet Track Qualifiers

1920 -1939 Amherst has track teams, but doesn't enter State qualifying meets

1940	880 Yard Run	Nile Hill		Sixth			
1941	Mile Run	Hank Sharp	4:37.0	Fourth			
	440 Yard Dash	Ed Van Keuren					
	4x220 Yard Relay						
	4x440 Yard Relay	Walt Radosevich, Jim Darakis, Bob Milhuta, Hank Sharp	3:37.2	Fifth			
1942	100 Yard Dash	Bob Milhuta					
	100 Yard Dash	Walt Lach					
	Mile Run	Lee Leuszler					
	4x220 Yard Relay	Walt Lach, Bob Milhuta John Penton, Ludoph Kreeger		Sixth			
	4x440 Yard Relay	Walt Lach, Bob Milhuta John Penton, Ludoph Kreeger		Fifth			
1943	100 Yard Dash	Bob Milhuta	10.2	Second			
	200 Yard Dash	Bob Milhuta		Second			
	440 Yard Dash	Lee Leuszler					
	880 Yard Run	Paul Belt					
	Long Jump	Bob Milhuta					
	Discus	Don Slack					
	4x440 Yard Relay	Lee Leuszler, John Penton Don Sahl, Paul Belt					
1944	Long Jump	Morris Braun					
	High Jump	John Bollens					
	4x440 Yard Relay						
1945	100 Yard Dash	Joe Lach	10.3	Second			
	200 Yard Dash	Joe Lach					
	Mile Run	Floyd Lodge					
	Shot Put	Jery Flock					
	Pole Vault	Enrico Gigliotti					
1946	100 Yard Dash	Bob Meesig					
	200 Yard Dash	Bob Meesig					
	Mile Run	Floyd Lodge		Eighth			
	High Jump	Robert Schroeder	5'6	Fifth			
	Pole Vault	Nord Bartlome					
	Discus	Dick Beam					
1947	100 Yard Dash	Bob Meesig					
	200 Yard Dash	Bob Meesig					
	440 Yard Dash	Don Jenkins					
	880 Yard Run	Ed Bryner					
	Shot Put	Jery Prittie					
	4x440 Yard Relay	Dale Bruce, Lyle Auble, Don Jenkins, Bob Meesig	3:38.8	Fifth			
1948	Shot Put	Jery Prittie	47'6 1/4	Third			
	Pole Vault	Wayne Schnaak					
1949	Mile Run	Wilford Fredrick	4:44.0	Third			
	Shot Put	Jery Prittie	50'0	Second			
	Discus	Jery Prittie	145'9	First			
	4x440 Yard Relay	Wil Fredrick, John Mlinarik, Rob Wohlever, James Krause					
1950	Mile Run	Wilford Fredrick	4:35.0	Second			
	Pole Vault	Jim Henry					
	Discus	Earl Barckert					
1951	Pole Vault	Jim Henry					
1952	220 Yard Dash	Don Moore					
	Shot Put	Les Barckert					
	Discus	Les Barckert					
1953	100 Yard Dash	Don Moore					
	100 Yard Dash	Allen Howells					
	200 Yard Dash	Don Moore		Fifth			
	200 Yard Dash	Allen Howells					
	440 Yard Dash	Don Moore		Fourth			
	High Jump	Jack Moskal					
	Discus	Don Starbuck					
	4x440 Yard Relay	Jack Moskal, Doug Mulder, Geo. Berrington, Don Reinhardt					
1954	100 Yard Dash	Don Moore					
	200 Yard Dash	Don Moore					
	440 Yard Dash	Don Moore			Fifth		
	High Jump	Jack Moskal			57		
1955							
1956							
1957							
1958							
1959	120 Yd. Hurdles	Tim Gargasz					
1960	Mile Run	Tom Steury	4:34.0	Seventh			
	Pole Vault	Dick Mulford	12'0	Fourth			
1961	Mile Run	Tom Steury	4:31.5	Sixth			
	880 Yard Run	Tom Steury					
	180 Yd. Hurdles	Bill Neisen	22.8				
1962	Mile Run	Tom Steury	4:27.4	Ninth			
	Mile Run	Dennis Traster	4:28.2	Twelfth			
	880 Yard Run	Tom Shoemig	2:06.3				
1963	880 Yard Run	Ken Greer	1:57.1	First			
	Mile Run	Bert Koontz	4:34.0				
	4x440 Yd Relay	Dick Mollison, Kreeger R. Ashenbach, T. Schoemig	3:28.0				
1964	880 Yard Run	Tom Shoemig	1:56.5	Second			
1965	1 Mile Run	Tom Shoemig	4:18.1	First			
1966							
1967							
1968							
1969	1 Mile Run	Dan Moody	4:33.3	Fourteenth			
1970							
1971	High Jump	Dave Armstrong	6'5	Fifth			
1972	High Jump	Dave Armstrong	6'2	Sixth			
	1 Mile Run	Joe Mullica					
	880 Yard Run	Bruce Bailey					
	2 Mile Run	Glen Wilbum	9:16.1	Second			
1973	High Jump	Dave Armstrong	6'3 1/4	Fifth			
	880 Yard Run	Tony Otto	1:56.3	Sixth			
	2 Mile Run	Glen Wilbum	9:27.7	Fifth			
1974	1 Mile Run	Pete Kummant	4:17.0	Third			
	2 Mile Run	Dale Mitiska	9:31.4	Sixth			
1975	2 Mile Run	Pete Kummant	9:16.4	First			
1976							
1977	2 Mile Run	Jeff Wilhelm	9:27.7	Third			
	Shot Put	Terry Murello					
1978	880 Yard Run	Jim Welte	1:53.0	Third			
1979							
1980	110 Meter Hurdles	Kyle Cooley	14.8				
	800 Meter Run	Norm Tipton	1:56.1				
1981							
1982	4 x 800 Relay	Tim Welte, Bob Skiddle, Rob Wilbum, Daryl Guidish					
1983							
1984							
1985							
1986	3200 Meter Run	Todd Krase					
1987	3200 Meter Run	Todd Krase	9:28.74	Fourth			
1988	400 Meter Dash	Mike Kardos	49.04	Sixth			
	3200 Meter Run	Todd Krase	9:28.33	Fifth			

State Meet Track Qualifiers

1989	Discus	<i>Brian Alford</i>		
	Shot Put	<i>Brian Alford</i>		
	400 Meter Dash	<i>Brian Dusho</i>	50.2	
	800 Meter Run	<i>Dave Kardos</i>	1:56.8	Eighth
	4x800 Meter Relay	<i>Brian Dusho, Mike Kardos, Chad Beetler, Dave Kardos</i>	7:59.4	Eighth
1990	110 Meter Hurdles	<i>Mark Bird</i>	15.2	
	Pole Vault	<i>Mark Bird</i>	13'10"	Seventh
1991				
1992				
1993				
1994				
1995	1600 Meter Run	<i>Greg Balogh</i>	4:28.2	
	400 Meter Run	<i>Denver Tomblin</i>	50.70	
1996	Pole Vault	<i>Mike Lugar</i>	14'3"	Fourth
	Long Jump	<i>Chris Slatt</i>	22'8"	Seventh
1997	Pole Vault	<i>Eric McCallister</i>	NH	
	3200 Meter Run	<i>Rob Glatz</i>	9:42.35	Seventh
	400 Meter Run	<i>Denver Tomblin</i>	50.70	
1998				
1999	100 Meter Dash	<i>Greg Norman</i>	10.85	
	110 Meter Hurdles	<i>Sean Deegan</i>	15.11	
	300 Meter Hurdles	<i>Sean Deegan</i>	38.63	
2000	100 Meter Dash	<i>Greg Norman</i>	10.64	First
	200 Meter Dash	<i>Greg Norman</i>	21.74	Second
	Pole Vault	<i>Dominic Pellittieri</i>	15'0"	Second
2001	100 Meter Dash	<i>Greg Norman</i>	11.10	Second
	200 Meter Dash	<i>Greg Norman</i>	DNR	
	400 Meter Dash	<i>Jason Amburger</i>	52.72	
	4x100 Meter Relay	<i>Adam Hamilton, Bob Madison, Steve Greenleaf, Greg Norman</i>	43.58	
	Pole Vault	<i>Dominic Pellittieri</i>	15'0"	First
		<i>Nick Bigrigg</i>	14'6"	Second
2002	Pole Vault	<i>Mike Bigrigg</i>	14'6"	Sixth
2003	100 Meter Dash	<i>Nick Agostinelli</i>	11.21	
	400 Meter Dash	<i>David Ferguson</i>	50.62	
2004	Discus	<i>Jon Pippert</i>	162'8"	Fifth
	Shot Put	<i>Jon Pippert</i>	56'3 3/4"	Sixth
	3200 Meter Run	<i>Zak Wilbum</i>	9:42.49	Thirteenth
2005	Discus	<i>Adam Altabba</i>	157'4"	Seventh
	Pole Vault	<i>Alex Boiwka</i>	13'6"	Fourteenth
	3200 Meter Run	<i>Zak Wilbum</i>	9:49.46	Eleventh
	4x800 Meter Relay	<i>Gianni Catalano, Zack Wilbum, Justin Amburger, Tim Haglund</i>	8:01.17	Twelfth
2006	400 Meter Run	<i>Justin Shields</i>	50.46	
	800 Meter Run	<i>Gianni Catalano</i>	1:57.73	Thirteenth
2007	Discus	<i>Adam Altabba</i>	162'3"	Eighth
	High Jump	<i>Casey Copa</i>	6'4"	Eleventh
	800 Meter Run	<i>Gianni Catalano</i>	1:53.86	Second
2008	Pole Vault	<i>Adam Kalivoda</i>	13'6"	Eleventh
2009	Pole Vault	<i>Adam Kalivoda</i>	14'6"	Ninth
2010	Pole Vault	<i>Matt Zvosec</i>	14'8"	Seventh
	High Jump	<i>Tyler Parish</i>	6'4"	Twelfth
2011	Pole Vault	<i>Matt Zvosec</i>	NH	
	High Jump	<i>Tyler Parish</i>	6'10"	Third

2012				
2013	4x800 Meter Relay	<i>Nick Glowacki, C. Klingshim, Mike Kardos, Kevin Burgett</i>	7:56.23	Seventh
	800 Meter Run	<i>Mike Kardos, Jr.</i>	1:56.10	Eleventh
2014	800 Meter Run	<i>Mike Kardos, Jr.</i>	1:54.05	Fifth
2015				
2016				
2017	3200 Meter Run	<i>Josh Hill</i>	9:28.80	Twelfth
	Pole Vault	<i>Logan Freeman</i>	13'0"	Fifteenth
2018	3200 Meter Run	<i>Josh Hill</i>	9:14.35	Sixth
2019				
2020				
2021				
2022				
2023	1600 Meter Run	<i>Luke Bowsby</i>	4:15.31	Eleventh
	3200 Meter Run	<i>Ty Perez</i>	9:25.98	Sixteenth
	4x400 Meter Relay	<i>K. Tackett, Sean McQuate, Evan Draga, Devin Ramirez</i>	3:23.57	

Indoor State Meet Track Qualifiers

2005	3200 Meter Run	<i>Tim Haglund</i>	9:48.58	Sixth
	Pole Vault	<i>Alex Boiwka</i>	13'0	Twelfth
2006	3200 Meter Run	<i>Tim Haglund</i>	9:42.84	Sixth
	Shot Put	<i>Ryan Kish</i>	52'1	Eighth
	Pole Vault	<i>Dan Prosowski</i>	NH	
2007	High Jump	<i>Casey Copa</i>	6'4	Fourth
2008	200 Meter Dash	<i>Shawn Chrapczinski</i>	23.20	Fourteenth
	Pole Vault	<i>Adam Kalivoda</i>	12'6	Fifteenth
2009	3200 Meter Run	<i>Kyle Lowry</i>	9:42.71	Eighth
	Pole Vault	<i>Matt Zvosec</i>	12'6	
	Pole Vault	<i>Adam Kalivoda</i>	NH	
2010	Long Jump	<i>Chris Schmittle</i>	20'11	Eighth
	Pole Vault	<i>Matt Zvosec</i>	14'6	Fifth
	High Jump	<i>Tyler Parish</i>	6'2	Sixth
	Triple Jump	<i>Tyler Parish</i>	39'8 1/2	Ninth
2011	Pole Vault	<i>Matt Zvosec</i>	14'6	Fourth
	High Jump	<i>Tyler Parish</i>	6'9	First
	Triple Jump	<i>Tyler Parish</i>	39'0	Fourteenth
2012				
2013	4 x 400 M Relay	<i>Tom Gula, Chase Klingshim, Nick Glowacki, Mike Kardos</i>	3:30.05	Twelfth
2014	800 Meter Run	<i>Mike Kardos</i>	1:55.65	Fourth
	4 x 400 M Relay	<i>Scott Kelly, Brandon Fernandez, Joe Mihalcik, Mike Kardos</i>	3:27.97	Seventh
2015	400 Meter Run	<i>Brandon Fernandez</i>	52.24	Sixteenth
	4 x 400 M Relay	<i>Chad Perkins, Brandon Fernandez, Scott Kelly, Dane Johnson</i>	3:35.53	Fifteenth
	Pole Vault	<i>Brandon Velazquez</i>	13'6	Twelfth
2016	High Jump	<i>Zac Glowacki</i>	NH	
2017	3200 Meter Run	<i>Josh Hill</i>	9:21.69	Tenth
	4 x 400 M Relay	<i>Scott Kelly, Devin Baumgartner, Ryan Sturgeon, Ben Yuhasz</i>	3:32.67	Eighteenth
	Weight Throw	<i>Jaret Prete</i>	50'8	Sixteenth
	Pole Vault	<i>Logan Freeman</i>	12'6	Sixteenth
2018	3200 Meter Run	<i>Josh Hill</i>	9:19.65	Third
	Weight Throw	<i>Jaret Prete</i>	60'7 1/2	Fifth
2019	Weight Throw	<i>Jaret Prete</i>		
	Shot Put	<i>Jaret Prete</i>		
	High Jump	<i>Caleb Stempowski</i>		
2020	60 m Hurdles	<i>Dominic Deshuk</i>	8.42	Thirteenth
	Long Jump	<i>Dominic Deshuk</i>	19'8	Seventeenth
2021	Weight Throw	<i>Brad Gregory</i>	51'8	Eleventh
		<i>Sam George</i>	38'8	Twenty-Second
	Shot Put	<i>Brad Gregory</i>	NM	
	4 x 200 M Relay	<i>Isaac Davis, Danny Vitelli, Seyveon Plaza, Sean McQuate</i>	1:37.31	Nineteenth
	4 x 400 M Relay	<i>Devin Ramirez, Isaac Davis, Seyveon Plaza, Jacob Farley</i>	3:42.86	Twenty-Third
	4 x 800 M Relay	<i>Jacob Farley, Sebastian Pecora, Cael Walker, Brent Baumgartner</i>	8:28.32	Eleventh
2022	Pole Vault	<i>Evan Draga</i>	12'0	Nineteenth
2023	Pole Vault	<i>Evan Draga</i>	13'0	Twenty-Second
	Weight Throw	<i>Sam George</i>	52'5	Fifteenth
	400 Meter Run	<i>Kayden Tackett</i>	50.80	Eleventh
	4 x 400 M Relay	<i>Sean McQuate, Evan Draga, Alex Stacey, Kayden Tackett</i>	3:30.15	Eleventh

Boys Class Records

*Hand times are .24 slower than FAT times

100 METER DASH

(*c" = converted from 100 yards)

Seniors			Juniors			Sophomores			Freshmen		
Greg Norman	10.70	2001	Greg Norman	10.64	2000	Greg Norman	10.85	1999	Greg Norman	11.0	1998
Shawn Chrapczynski	10.8	2008	Nick Agostinelli	10.7	2003	Dennis Trace	11.1c	1969	Danny Makruski	11.57	2016
Lary Overmire	11.0c	1975	Chris Slatt	10.8	1995	Bob Smith	11.1	1987	Ben Thompson	11.59	2023
Pete Restivo	11.0	1998	Justin Shields	10.9	2005	Jeff Howells	11.2c	1964	Randy Piar	11.4c	1976
Mickey Mann	11.0	2004	Devin Holmes	11.30	2017	Dave Gentile	11.2c	1973	Dave Gentile	11.4c	1972
Bobby Madison	11.29	2002	Tony McClinton	11.1	1987	Tony McClinton	11.2	1986	Bob Smith	11.4	1986
Bob Milhuta	11.1c	1943	Roger Aschenbach	11.2c	1964	Chris Slatt	11.2	1994	Brandon Kish	11.4	2006
Jery Pery	11.1c	1962	Jeff Howells	11.2c	1965	Sean McQuate	11.2	2021	Luke Schreiber	11.4	2022
Dick Mollison	11.1c	1964	Dennis Pastron	11.2c	1969	Roger Aschenbach	11.3c	1963	Ethan Pullin	11.5	2018
Roger Aschenbach	11.1c	1965	Dennis Trace	11.2c	1970	Brandon Kish	11.3	2007	Jerry Traster	11.6c	1971
Tom Sanbom	11.1c	1969	Chuck Wolf	11.2c	1976	Austin Lugar	11.63	2023	Dennis Trace	11.7c	1968
Tony Kolarsky	11.1	1988	Bob Smith	11.2	1988	Chuck Wolf	11.4c	1975	Chris Schmittle	11.7	2007
John Agostinelli	11.1	1999	Don Moore	11.3c	1953	Steve Smith	11.5	1985	Donny Wearsch	11.7	2014
Justin Shields	11.1	2006	Mark Gentile	11.3c	1970	Lary Overmire	11.5c	1973	Austin Lugar	11.7	2022
Ben Yuhasz	11.1	2017	Bill Bartos	11.3c	1971	Pete Restivo	11.5	1996	Mike Burger	11.8c	1972
Eddie Ortiz	11.35	2016	Bob Thompson	11.3c	1972	Donny Wearsch	11.5	2015	Jeff Howells	11.8c	1963
Joe Lach	11.2c	1945	Pete Restivo	11.3	1997	Jared Ousley	11.75	2016	Lary Traster	11.8c	1967
Bob Wohlever	11.2c	1949	Adam Hamilton	11.3	2000	Paul Williams	11.6c	1973	Bob Thompson	11.8c	1970
Don Moore	11.2c	1954	Tom Gula	11.3	2012	Dennis Pastron	11.6c	1968	Jacob Klima	11.8	2016
Dennis Trace	11.2c	1971	Dave Ferguson	11.54	2003	Brian Voss	11.6	1991	Mike Farkas	11.9c	1976
Bill Bartos	11.2c	1972	Ben Yuhasz	11.58	2016	Justin Mercado	11.6	2008	Dan Bruck	11.9c	1975
Tony McClinton	11.2	1988	Bob Milhuta	11.4c	1942	Konner Eitel	11.6	2017	Doug Clow	11.9c	1970
Chris Slatt	11.2	1996	Bob Wilford	11.4c	1951				Rob Sproule	11.9	1993
Adam Hamilton	11.2	2001	Bob Porostovsky	11.4c	1966				Chris Slatt	11.9	1993
			Lary Watson	11.4c	1975				Pete Restivo	11.9	1995
			Cory Copa	11.4	2005				Konner Eitel	11.9	2016
			Nick Shumyla	11.4	2005				Nick Ruffner	11.9	2016
			Gerrard Odafe	11.4	2007				Caleb Stempowski	11.9	2017
			Brandon Kish	11.4	2008						

*Hand times are .24 slower than FAT times

200 METER DASH

(*c" = converted from 200 yards)

Seniors			Juniors			Sophomores			Freshmen		
Greg Norman	22.13	2001	Greg Norman	21.70	2000	Brandon Kish	22.27	2007	Brandon Kish	22.60	2006
Brandon Kish	22.53	2009	Justin Shields	22.55	2005	Greg Norman	22.2	1999	Ben Thompson	22.89	2023
Tom Sanbom	22.3c	1969	Brandon Kish	22.60	2008	Dave Gentile	22.9c	1973	Greg Norman	22.7	1998
Dick Mollison	22.3c	1963	Don Moore	22.4c	1953	Tony McClinton	22.9	1986	Randy Piar	23.3c	1976
Shawn Chrapczynski	22.3	2008	Dave Ferguson	22.98	2003	Caleb Stempowski	23.15	2018	Bob Smith	23.5	1986
Jery Pery	22.4c	1962	Roger Aschenbach	22.7c	1964	Dave Ferguson	23.29	2002	Caleb Stempowski	23.7	2017
Don Moore	22.4c	1954	Nick Agostinelli	23.00	2003	Bob Smith	23.1	1987	Danny Makruski	24.09	2016
Sean McQuate	22.77	2023	Gregg Northeim	22.9c	1974	Roger Aschenbach	23.1c	1963	Dave Gentile	23.9c	1972
Lary Overmire	22.6c	1975	Chris Slatt	23.0	1995	Jeff Howells	23.1c	1965	Dave Kardos	23.9	1986
J.B. Cirata	22.6	1994	Shawn Chrapczynski	23.28	2007	Dennis Kothe	23.1c	1963	Ethan Pullin	23.9	2018
Bill VanderWyden	22.7	1998	Ray Pope	23.1c	1968	Austin Lugar	23.36	2023	Pete Restivo	24.0	1995
Mickey Mann	22.5	2004	Dave Clayton	23.1	1981	Jack Reynolds	23.2c	1960	Scott Kelly	24.0	2014
Pete Restivo	22.8	1998	Tony McClinton	23.1	1987	Randy Piar	23.3c	1977	Isaiah Perez	24.33	2014
John Agostinelli	22.8	1999	Pete Restivo	23.1	1997	Lary Watson	23.5c	1974	Jim Edwards	24.1c	1962
Justin Shields	23.04	2006	Koran Brillion	23.42	2014	Chuck Wolf	23.5c	1975	Jery Traster	24.2c	1971
Jason Amburger	23.11	2001	Devin Holmes	23.2	2017	Tim Robey	23.5c	1977	Bob Porostovsky	24.3c	1964
Bob Wohlever	22.9c	1949	Sean McQuate	23.2	2022	Pete Restivo	23.5	1996	Doug Clow	24.3c	1970
Roger Aschenbach	22.9c	1965	Bob Porostovsky	23.2c	1966	Matt Schon	23.89	2011	Bob Thompson	24.3c	1970
Lary van der Oord	23.0c	1967	Caleb Stempowski	23.40	2018	Chris Slatt	23.7	1994	Don Wearsch	24.58	2014
Roger Benner	23.0c	1961	Bob Smith	23.3	1988	Dominic Deshuk	23.7	2018	Erik Huber	24.5	1992
			Dean Kerekes	23.3c	1973	Brian Voss	23.8	1991	Lary Traster	24.5c	1967
			Jeff Howells	23.3c	1966	Lary Overmire	23.8c	1973	Sean McQuate	24.76	2020
			Dennis Trace	23.3c	1970	Sean McQuate	23.8	2021	Jeff Howells	24.6c	1964
			Bill Bartos	23.3c	1971	Jared Ousley	24.11	2016	Zach Kelly	24.6	2009
			Devin Baugartner	23.3	2018	Dennis Trace	23.9c	1969	Roman Giannuzzi	24.6	2019
						Donny Wearsch	23.9	2015			

*Hand times are .24 slower than FAT times

400 METER DASH

(c" = converted from 440 yards)

Seniors			Juniors			Sophomores			Freshmen		
Justin Shields	48.74	2006	Mike Kardos	48.8	1988	Mike Kardos	50.8	1987	Mike Kardos	51.3	1986
Mike Kardos, Jr.	49.88	2014	Dave Ferguson	50.02	2003	Brandon Fernandez	51.49	2014	Scott Kelly	52.10	2014
Jason Amburger	50.03	2001	Denver Tomblin	50.0	1995	Mike Kardos, Jr.	51.50	2012	Gianni Catalano	52.69	2004
Brian Dusho	50.0	1989	Gianni Catalano	50.47	2006	Norm Tipton	51.4c	1978	Devin Ramirez	52.98	2021
Mike Kardos	50.2	1989	Devin Baumgartner	51.19	2018	Gianni Catalano	51.65	2005	Ben Thompson	53.43	2023
Mickey Mann	50.54	2004	Nick Glowacki	51.30	2012	Mike Farkas	51.6c	1977	Randy Piar	53.5c	1976
Gianni Catalano	50.58	2007	Greg Northeim	51.0c	1974	Denver Tomblin	51.8	1994	Mike Burger	53.7c	1972
Lary Overmire	50.5c	1975	Brandon Fernandez	51.36	2015	Tony McClinton	52.0	1986	Mike Kardos, Jr.	54.22	2011
Shawn Chrapczynski	50.7	2008	Dave Clayton	51.1	1981	Devin Ramirez	52.40	2022	Norm Tipton	54.0c	1977
Sean McQuate	51.02	2023	Mike Kardos, Jr.	51.43	2013	Nick Glowacki	52.44	2011	Mike Farkas	54.2c	1976
Dean Kerekes	50.8c	1974	Brian Dusho	51.4	1988	Dave Ferguson	52.48	2002	Denver Tomblin	54.3	1993
Chuck Potts	50.8c	1980	Roger Aschenbach	51.5c	1964	Tony Otto	52.3c	1971	Brandon Fernandez	54.6	2013
Bill VanderWyden	50.8	1998	Bruce Bailey	51.5c	1970	Rich Kopronica	53.0c	1977	Jerry Traster	54.7c	1971
Norm Tipton	50.9c	1980	Chuck Potts	51.6c	1979	Dennis Kothe	53.1c	1963	Nick Glowacki	54.94	2010
Bob Szucs	51.1	1983	Terry Traster	51.6c	1974	Frank Morrone	53.2c	1973	Andrew Cser	55.2	2010
Bruce Bailey	51.3c	1972	Frank Morrone	51.7c	1974	Bruce Bailey	53.4c	1970	Jim Sosinski	55.6	1998
Tony Otto	51.5c	1973	Brett Smith	52.24	2009	Dan Mlinarik	53.5c	1974	Roman Giannuzzi	55.7	2019
Greg Northeim	51.5c	1975	Justin Shields	52.32	2005	Brett Smith	53.79	2008	Chuck Potts	56.0c	1977
Jim Welte	51.5c	1978	Sean McQuate	52.41	2022	Devin Baumgartner	53.79	2017	Doug Clow	56.1c	1970
Dave Ferguson	51.60	2004	Nick Agostinelli	52.45	2003	Dean Kerekes	53.7c	1972	Paul Williams	56.1c	1972
Denver Tomblin	51.6	1996	Bill VanderWyden	52.53	1997	Jack Csinscak	53.8c	1967	Jake McDonald	56.1	2009
Daryl Guidish	51.7	1982	Mike Farkas	52.4c	1978	Jack Malin	53.8c	1976	Joe Lovell	56.3c	1975
Roger Aschenbach	51.8c	1965	Jeremy Dusho	52.4	1995	Charlie Huh	53.9	1986	Charlie Huh	56.4	1985
Jeremy Dusho	51.8	1996	Mike Farkas	52.4c	1978	Mike Burger	54.2c	1973	Aaron Kelley	56.5	2011
Mike Ulichney	52.09	2002	Jeremy Dusho	52.4	1995	Adam Brass	54.6	1992	Camden Gross	56.5	2017

800 METER RUN

(c" = converted from 880 yards)

Seniors			Juniors			Sophomores			Freshmen		
Jim Welte	1:52.2 c	1978	Gianni Catalano	1:54.20	2006	Gianni Catalano	1:54.40	2005	Tom Schoemig	2:01.4 c	1962
Gianni Catalano	1:53.45	2007	Tom Schoemig	1:55.9 c	1964	Tom Schoemig	1:56.8 c	1963	Ty Perez	2:04.1	2021
Tom Schoemig	1:53.4 c	1965	Mike Kardos, Jr.	1:56.10	2013	Norm Tipton	1:58.6 c	1978	Jeff Wilhelm	2:04.5 c	1974
Mike Kardos, Jr.	1:54.05	2014	Devin Baumgartner	1:56.25	2018	Lary Watson	1:59.3 c	1974	Kevin Burgett	2:04.69	2010
Jack Malin	1:54.1 c	1978	Jack Malin	1:57.0 c	1977	Tony Otto	1:59.4 c	1971	Mort Wilson	2:04.80	2022
Norm Tipton	1:54.9	1980	Tony Otto	1:57.0 c	1972	Mike Kardos, Jr.	1:59.98	2012	Greg Balogh	2:05.0	1992
Tony Otto	1:55.0 c	1973	Josh Hill	1:57.33	2018	Todd Krase	2:00.0	1986	Norm Tipton	2:06.0 c	1977
Lary Watson	1:55.2 c	1976	Brad Kirsch	1:57.55	2018	Jack Malin	2:00.5 c	1976	Doug Heberling	2:06.4 c	1974
Dave Kardos	1:55.64	1989	Jeff Mann	1:58.1	1981	Devin Baumgartner	2:00.87	2017	Tim Welte	2:06.4c	1979
Bruce Bailey	1:55.9 c	1972	Edd Clayton	1:59.0	1980	Miles Pittak	2:01.34	2009	Jack Malin	2:06.6 c	1975
Ken Greer	1:56.5 c	1963	Luke Bowsby	1:59.10	2023	Jeff Mann	2:02.6c	1979	Miles Pittak	2:06.6	2008
Daryll Guidish	1:56.7	1982	Dane Johnson	1:59.54	2015	Luke Bowsby	2:02.9	2022	Tony Otto	2:07.4 c	1970
Nick Glowacki	1:56.82	2013	Shannon Sommers	1:59.6	1990	Todd Guillozet	2:03.2	1986	Zak Brinkley	2:07.7	1996
Dane Johnson	1:57.41	2016	Devin Ramirez	1:59.99	2023	Greg Balogh	2:03.2	1993	Bob Skiddle	2:08.0	1980
Scott Kelly	1:57.61	2017	Rich Kopronica	2:00.1c	1978	Rob Kubic	2:03.7	1986	Dave Kardos	2:08.0	1986
Jacob Farley	1:58.06	2021	Bruce Bailey	2:00.4 c	1971	Zak Brinkley	2:04.12	1997	Scott Kelly	2:08.30	2014
Edd Clayton	1:58.1	1981	Joe Burelli	2:00.5	1995	Rich Kopronica	2:04.3 c	1977	Gianni Catalano	2:08.7	2004
Bob Boesel	1:58.2 c	1974	Jared Myers	2:00.6	1991	Tim Welte	2:04.6	1980	Mike Sitton	2:09.0 c	1975
Jeff Mann	1:58.2	1981	Matt Trent	2:01.0	1998	Pete Kummant	2:04.6 c	1973	Jim Sosinski	2:09.0	1998
Jeff Wilhelm	1:58.3 c	1977	Dan Moody	2:01.4 c	1968	Paul Wagner	2:04.6c	1979	Paul Sullinger	2:09.2 c	1974
Glen Wilburn	1:58.4 c	1973	Tim Glahn	2:01.5	1985	Tim Haglund	2:04.6	2004	Nick Glowacki	2:09.3	2010
Devin Baumgartner	1:58.51	2019	Jeff Wilhelm	2:01.5 c	1976	Mike Sitton	2:05.0 c	1976	Andrew Cser	2:09.3	2010
Brad Kirsch	1:59.10	2019	Rick Schneider	2:01.7 c	1968	Gary Haglund	2:05.1	2007	Dennis Schneider	2:09.4 c	1976
Pete Kummant	1:59.3 c	1975	Glen Wilburn	2:02.1 c	1972	Joe Burelli	2:06.2	1994	Scott Snyder	2:09.4 c	1970
Dan Moody	1:59.3 c	1969	Kevin Burgett	2:02.48	2012	Paul Sullinger	2:06.2 c	1975	Luke Bowsby	2:09.5	2021
Dennis Schneider	1:59.3c	1978									

1600 METER RUN

("c" = converted from 1 Mile)

Seniors			Juniors			Sophomores			Freshmen		
Tom Schoemig	4:16.5 c	1965	Glen Wilbum	4:13.7 c	1972	Jeff Wilhelm	4:22.2 c	1975	Jeff Wilhelm	4:26.6 c	1974
Jeff Wilhelm	4:16.6 c	1977	Jeff Wilhelm	4:14.0 c	1976	Pete Kummant	4:23.4 c	1973	Luke Bowsby	4:31.2	2021
Glen Wilbum	4:18.2 c	1973	Pete Kummant	4:14.8 c	1974	Luke Bowsby	4:23.47	2022	Ty Perez	4:33.68	2021
Pete Kummant	4:18.7 c	1975	Luke Bowsby	4:15.31	2023	Jared Myers	4:24.2	1990	Miles Pittak	4:33.80	2008
Josh Hill	4:18.84	2019	Tom Schoemig	4:22.6 c	1964	Miles Pittak	4:24.98	2009	Tim Welte	4:36.0c	1979
Joe Mulica	4:21.3 c	1972	Josh Hill	4:23.02	2018	Josh Hill	4:25.17	2017	Todd Krase	4:37.65	1985
Dan Moody	4:23.3 c	1969	Ty Perez	4:23.53	2023	Tim Hagland	4:26.29	2004	Greg Balogh	4:39.7	1992
Dennis Schneider	4:24.3c	1978	Greg Balogh	4:24.0	1994	Greg Balogh	4:28.9	1993	Bob Skiddle	4:40.9	1980
Kyle Lowry	4:24.62	2009	Tony Otto	4:25.0 c	1972	Zak Brinkley	4:29.39	1997	Mike Sitton	4:41.6 c	1975
Greg Balogh	4:25.07	1995	Tim Hagland	4:25.56	2005	Todd Krase	4:31.0	1986	Tim Hagland	4:41.77	2003
Jared Myers	4:25.6	1992	Tim Welte	4:26.6	1981	Tom Steury	4:32.4 c	1960	Bob Wilbum	4:42.4 c	1979
Tom Steury	4:25.8 c	1962	Dennis Traster	4:26.7 c	1962	Rob Kubic	4:35.1	1986	Gary Hagland	4:42.6	2006
Jack Malin	4:25.9 c	1978	Doug Drew	4:27.4 c	1977	Scott Snyder	4:35.2 c	1971	Rob Kubic	4:42.9	1985
Jeff Mann	4:26.2	1981	Zak Brinkley	4:27.5	1998	Tom Schoemig	4:35.4 c	1963	Jared Myers	4:44.2	1989
Dale Mitiska	4:26.4 c	1974	Todd Krase	4:28.0	1987	Gary Hagland	4:36.06	2007	Dale Mitiska	4:44.4 c	1971
Jeff Green	4:26.5	1983	Jared Myers	4:28.8	1991	Tim Welte	4:36.3	1980	Bob Wilbum	4:44.4c	1979
Scott Snyder	4:26.7 c	1973	Jack Malin	4:28.9 c	1977	Dennis Schneider	4:36.4 c	1976	Josh Hill	4:44.27	2016
Bob Wilbum	4:27.5	1982	Mike Sitton	4:29.1 c	1977	Tony Otto	4:36.7 c	1971	Scott Snyder	4:46.4 c	1970
Dennis Traster	4:28.0 c	1963	Tom Steury	4:29.9 c	1961	Kyle Lowry	4:37.1	2007	Tom Schoemig	4:47.4 c	1962
Daryll Guidish	4:28.2	1982	Rob Kubic	4:30.7	1987	Jack Malin	4:37.7 c	1976	Jack Malin	4:48.2 c	1975
Tony Otto	4:28.3 c	1973	Dan Moody	4:32.1 c	1968	Bob Wilbum	4:37.9	1980	Kyle Lowry	4:48.3	2006
Mike Kardos, Jr.	4:28.5	2014	Zak Wilbum	4:32.23	2004	Doug Drew	4:38.2 c	1976	Dennis Schneider	4:48.8 c	1975
Jim Welte	4:29.0c	1978	Kevin McGurk	4:33.5	1990	Dale Mitiska	4:38.4 c	1972	Zak Brinkley	4:48.9	1996
Norm Tipton	4:29.0	1980	Dennis Schneider	4:33.9 c	1977	Matt McDermott	4:38.8 c	1973	Peter Kummant	4:49.0 c	1972
Todd Krase	4:29.1	1988	Miles Pittak	4:36.13	2010	Mike Sitton	4:39.7 c	1976	Doug Heberling	4:49.0 c	1974

3200 METER RUN

("c" = converted from 2 Miles)

Seniors			Juniors			Sophomores			Freshmen		
Peter Kummant	8:55.9 c	1975	Peter Kummant	9:00.6 c	1974	Jeff Wilhelm	9:19.3 c	1975	Jeff Wilhelm	9:27.5 c	1974
Jeff Wilhelm	9:11.6 c	1977	Glen Wilbum	9:03.9 c	1972	Josh Hill	9:23.62	2017	Ty Perez	9:40.37	2021
Glen Wilbum	9:14.9 c	1973	Jeff Wilhelm	9:14.9 c	1976	Todd Krase	9:32.62	1986	Kyle Lowry	9:54.19	2006
Dale Mitiska	9:24.0 c	1973	Josh Hill	9:15.04	2018	Luke Bowsby	9:37.16	2022	Josh Hill	9:55.06	2016
Dennis Schneider	9:25.9 c	1978	Ty Perez	9:24.39	2023	Kyle Lowry	9:41.47	2007	Luke Bowsby	9:59.04	2021
Todd Krase	9:28.33	1988	Todd Krase	9:28.74	1987	Peter Kummant	9:44.8 c	1973	Mike Sitton	10:08.9 c	1975
Kyle Lowry	9:28.69	2009	Luke Bowsby	9:33.79	2023	Glen Wilbum	9:47.8 c	1971	Dale Mitiska	10:09.2 c	1971
Jack Malin	9:29.6 c	1978	Zack Wilbum	9:33.87	2004	Dale Mitiska	9:48.2 c	1972	Rob Kubic	10:09.4	1985
Zack Wilbum	9:30.66	2005	Dennis Schneider	9:36.6 c	1977	Tim Welte	9:49.4	1980	Miles Pittak	10:14.40	2008
Josh Hill	9:34.40	2019	Rob Kubic	9:43.67	1987	Jared Myers	9:52.7	1990	Todd Krase	10:14.9	1985
Rob Glatz	9:38.30	1997	Dale Mitiska	9:44.8 c	1973	Josh Park	9:53.17	2013	Peter Kummant	10:15.6 c	1972
Tim Haglund	9:42.84	2006	Greg Balogh	9:45.4	1994	Mike Sitton	9:53.8 c	1976	Glen Wilbum	10:17.5 c	1970
Bob Wilbum	9:45.0	1982	Doug Drew	9:46.1 c	1977	Dennis Schneider	9:56.4 c	1976	Bob Skiddle	10:20.7	1980
Greg Balogh	9:45.3	1995	Tim Haglund	9:48.58	2005	Tim Haglund	9:59.95	2004	Tim Welte	10:22.9 c	1979
Zak Brinkley	9:46.29	1999	Bob Wilbum	9:52.0	1981	Mark Matos	10:00.28	2010	Jared Myers	10:22.9	1989
Bob Washburn	9:48.8 c	1971	Mark Matos	9:54.75	2011	Ty Perez	10:00.69	2021	Dennis Schneider	10:23.1 c	1975
Kevin McGurk	9:49.8	1991	Rob Glatz	9:55.8	1996	Miles Pittak	10:02.2	2009	Doug Heberling	10:24.1 c	1974
Rob Kubic	9:50.0	1988	Rick Schneider	9:57.5 c	1968	Doug Drew	10:06.1 c	1976	Matthew Kirsch	10:24.22	2017
Jeff Greene	9:52.4	1983	Mike Sitton	9:58.6 c	1977	Scott Snyder	10:07.9 c	1971	Zack Wilbum	10:24.29	2002
John Dorsch	9:52.7	1993	John Dorsch	9:59.8	1992	Matthew Kirsch	10:08.79	2018	Scott Snyder	10:26.0 c	1970
Scott Mudrich	9:54.2c	1979	Kevin McGurk	10:00.9	1990	Zak Brinkley	10:13.6	1997	Bob Wilbum	10:26.4 c	1979
Bill Spellman	9:58.1	1996	Jared Myers	10:01.0	1991	Rob Kubic	10:15.1	1986	Bradley Kirsch	10:30.02	2016
Vince Moslosky	9:59.00	1998	Bill Spellman	10:03.0	1995	Jack Malin	10:15.9 c	1976	John Dorsch	10:30.6	1990
Mike Sekerak	10:02.40	2015	Bob Washburn	10:03.6 c	1970	Bill Boesel	10:16.6 c	1972	Josh Park	10:30.94	2011
Glen Sullinger	10:04.0 c	1975	Bill Boesel	10:04.6 c	1973	Greg Balogh	10:16.6	1993	Paul Sullinger	10:40.8 c	1974

100 METER HURDLES

Seniors			Juniors			Sophomores			Freshmen		
Sean Deegan	14.48	1999	Bobby Madison	14.83	2001	Dominic Deshuk	15.49	2018	Bobby Madison	16.1	1999
Kyle Cooley	14.5	1980	Kyle Cooley	14.6	1979	Jeff Belvo	15.4	1969	Kyle Cooley	16.3	1977
Rick Zvosec	14.8	1976	Sean Deegan	14.7	1998	Bobby Madison	15.4	2000	Sean Deegan	16.3	1996
Bobby Madison	15.03	2002	Dominic Deshuk	14.97	2019	Kyle Cooley	15.5	1978	Dominic Deshuk	16.90	2017
Mark Bird	14.9	1990	Jeff Belvo	15.1	1970	Mike Lugar	15.5	1994	Denver Voss	16.94	2013
Mike Lugar	15.0	1996	Rick Zvosec	15.3	1975	Michael Shorts	15.76	2017	Earl Morain	17.2	1954
Eric McCallister	15.0	1997	Todd Lugar	15.3	1990	Earl Morain	15.7	1955	Franz Flickinger	17.54	2004
Denver Voss	15.30	2016	Tyler Pamish	15.54	2010	Henry Cislo	16.00	2022	Chris Pozega	17.5	2010
Dave Armstrong	15.2	1971	Rob Rigsby	15.4	1986	Denver Voss	16.01	2014	Justin Silva	17.5	2010
Todd Lugar	15.2	1991	Greg Ford	15.65	2008	Rob Rigsby	15.8	1985	Mike Lugar	17.9	1993
Matt Jacobs	15.2	1992	Alex Van Curan	15.70	2003	Earl Morain	15.9	1954	Joe Parlett	18.0	1997
Franz Flickinger	15.50	2007	Mark Bird	15.5	1989	Rick Zvosec	15.9	1974	Henry Cislo	18.0	2022
Al Kneisel	15.3	1995	Mike Lugar	15.5	1995	Chris Kelleher	16.2	1979	Greg Ford	18.3	2006
John Gray	15.4	1969	Michael Shorts	15.5	2018	Dave Ferguson	16.2	2002	Al Kneisel	18.4	1992
Rich Bonner	15.4	1968	Earl Morain	15.7	1955	Ted Zvosec	16.3	1977	Michael Shorts	18.69	2016
Tyler Parrish	15.4	2011	Dave Armstrong	15.7	1972	Todd Lugar	16.3	1989	Cameron Jackson	18.6	2014
Alex Van Curan	15.68	2004	Al Kneisel	15.7	1994	Al Kneisel	16.5	1993	Jon Loewer	18.7	1998
Greg Ford	15.79	2009	Chris Hartle	15.8	1991	Dave Armstrong	16.5	1971	Shawn Chrapczynski	19.13	2005
Dane Cooley	15.6	1970	Dane Cooley	15.9	1969	Lary Watson	16.5	1974	A.J. Myosky	18.9	2007
Chris Hartle	15.6	1992	John Gray	15.9	1968	Franz Flickinger	16.5	2005	Chris Peterson	19.2	1998
Michael Shorts	15.91	2019	Russ Green	15.9	1984	Tyler Parrish	16.5	2009	Chris Kelleher	19.3	1978
Chris Kelleher	15.7	1981	Franz Flickinger	16.18	2006	Greg Ford	16.7	2007	Chase Klingshim	19.3	2010
Kevin Mackie	15.7	1987	Denver Voss	16.31	2015	Scott Belvo	16.8	1970	Steve Dovala	19.5	1975
Tim Gargasz	15.9	1959	Lary Watson	16.1	1975	Kayden Tackett	16.8	2021	Dale Higgins	19.5	1961
Ed Nickolls	16.0	1964	Kayden Tackett	16.1	2022				Tyler Parrish	19.5	2008

300 METER HURDLES

Seniors			Juniors			Sophomores			Freshmen		
Sean Deegan	38.63	1999	Rich Kopronica	39.5	1978	Rob Rigsby	40.2	1985	Rob Rigsby	42.5	1984
Kyle Cooley	39.2	1980	Dominic Deshuk	39.75	2019	Dominic Deshuk	41.48	2018	Sean Deegan	43.6	1996
Franz Flickinger	39.76	2007	Sean Deegan	40.0	1998	Michael Shorts	41.92	2017	Franz Flickinger	44.13	2004
Kayden Tackett	40.22	2023	Kyle Cooley	40.2	1979	Henry Cislo	42.06	2023	Henry Cislo	44.53	2022
Al Kneisel	40.1	1995	Greg Ford	40.99	2008	Kyle Cooley	42.2	1978	Joe Parlett	44.5	1997
Chris Kelleher	40.2	1981	Chris Kelleher	40.8	1980	Chuck Potts	42.2	1978	Chris Kelleher	44.7	1978
Bobby Madison	40.80	2002	Daryll Guidish	40.8	1981	Mike Lugar	42.3	1994	Bobby Madison	44.7	1999
Todd Lugar	40.6	1991	Bob Szucs	41.0	1982	Joe Parlett	42.3	1998	Michael Shorts	45.18	2016
Joe Parlett	41.01	2000	Kayden Tackett	41.37	2022	Ted Zvosec	42.7	1977	Kevin Mackie	45.0	1984
Brandon Kushinski	41.01	2004	Matt Jacobs	41.2	1991	Franz Flickinger	43.0	2005	Cameron Jackson	45.31	2014
Ted Zvosec	40.9	1978	Rob Rigsby	41.2	1986	Chris Kelleher	43.7	1979	Kyle Cooley	45.7	1977
Dever Voss	41.21	2016	Ted Zvosec	41.4	1978	Bobby Madison	43.7	2000	Mark Casanta	45.7	1983
Dave Armstrong	41.2c	1973	Todd Lugar	41.4	1990	Kayden Tackett	43.7	2021	Dominic Deshuk	46.03	2017
Rusty Garber	41.7	1988	Joe Burger	42.04	2003	Bob Szucs	43.8	1981	Denver Voss	46.22	2013
Bryan Melley	41.95	2000	Bobby Madison	42.09	2001	Mike Greussner	44.0	1979	Greg Ford	46.40	2006
Tyler Parrish	41.95	2011	Chase Klingshim	42.12	2012				Dominic Pelletteiri	46.3	1998
Greg Ford	42.07	2009	Franz Flickinger	42.22	2006				Chris Pozega	46.5	2010
Shawn Chrapczynski	41.9	2008	Joe Parlett	42.2	1999				S. Chrapczynski	46.90	2005
Chase Klingshim	42.23	2013	Alex Van Curan	42.46	2003				Mike Greussner	47.0	1978
Charlie Clotz	42.2	1983	Tyler Parrish	42.50	2010				A.J. Myosky	47.0	2007
Kery Rock	42.4	1983	Chuck Potts	42.4	1979						
Todd Morain	42.6	1989	Michael Shorts	42.92	2018						
Matt Jacobs	42.6	1992	Al Kneisel	42.8	1994						
Alex Van Curan	42.8	2004	Shawn Chrapczynski	42.8	2007						
Micky Dispenza	42.8	1993	Chris Hartle	43.5	1991						

DISCUS

Seniors			Juniors			Sophomores			Freshmen		
Adam Altabbaa	171'5	2007	Gregg Mazurek	159'4	1966	Adam Altabbaa	157'4	2005	Jaret Prete	141'7	2016
Gregg Mazurek	170'3 1/2	1967	Adam Altabbaa	156'9	2006	Jaret Prete	150'4	2017	Adam Altabbaa	130'6	2004
Jaret Prete	165'3	2019	Jaret Prete	154'8	2018	Jon Pippert	147'5	2002	Dominic Orseno	122'5	2006
Dave Dovala	164'8	1980	Rick Mack	151'7	1985	Brian Savinsky	146'6	1982	Dave Dovala	122'0	1977
Jon Pippert	162'3	2004	Terry Murello	148'9	1976	Dave Dovala	143'6	1978	Erik Argenti	121'3	1990
Brian Alford	161'7	1989	Chris Cotterill	148'8	1988	Gregg Mazurek	143'4	1965	Logan Stewart	120'5 1/2	2019
Brandon Colvig	154'8	2008	Karl Haff	144'7	1971	Rick Mack	141'7	1984	Todd Cotton	119'7	1978
Bill Van Curan	155'4	1971	Jon Pippert	142'2	2003	Brian Alford	139'7	1987	Rick Mack	119'3	1983
Gary Cloud	154'10	1974	Dave Dovala	141'9	1979	Terry Murello	139'6	1975	Brandon Colvig	118'0	2005
Chris Cotterill	153'4	1989	Brian Savinsky	140'9	1983	Gino Cioffi	135'9	2011	Camden Simo	117'8	2023
Terry Murello	151'5	1977	Todd Cotton	140'9	1980	Brandon Colvig	130'2	2006	Gino Cioffi	117'1	2010
Jery Prittie	149'9	1949	Bill Van Curan	140'3	1970	Jery Prittie	130'0	1947	Cole Mayer	109'9	2022
Todd Cotton	147'5	1981	Alan Hackett	138'9	1995	Erik Argenti	129'0	1991	Brian Alford	109'8	1986
Dan Sechkar	147'3	1968	Brandon Colvig	136'10	2007	John Swartz	128'0	1970	Ryan Ritter	108'9	2008
Karl Haff	145'7	1972	Joe Godfrey	135'4	1967	Dominic Orseno	127'7 1/2	2007	Guy Orseno	108'8	1973
Brian Savinsky	144'10	1986	Brian Alford	135'0	1988	Gary Cloud	126'5	1972	Matt Hess	108'4	2010
Craig Camp	143'8	1984	Les Dostall	133'9	1978	Mike Lambur	124'4	2005	Brett Beam	107'9	1997
Gary Lewis	142'10	1964	Brad Geduldig	133'7	1992	Bill Van Curan	123'2	1969	Mike Lambur	107'6	2004
Gino Cioffi	142'3	2013	Gino Cioffi	131'8	2012	Brett Beam	122'7	1998	Dave Armstrong	106'9	1970
Guy Orseno	141'8	1976	Mark Snyder	131'6	1974	Cole Maver	122'5	2023	Mark Snyder	106'3	1972
Tony Budzina	141'8	1995	Dominic Orseno	130'10	2008	Guy Orseno	121'6	1974	Matt Mendak	105'2	2018
Anthony Moore	140'8	1986	Terry Temple	130'5	1965	Terry Miller	121'5	1962	Brad Geduldig	104'4	1990
Brad Gregory	140'8	2021	Guy Orseno	130'1	1975	Brad Geduldig	121'3	1991	Les Dostall	103'11	1976
Tom Passanisi	140'5	1968	Dave Eastaugh	129'1	2004	Greg Sauer	121'3	1975	Walt Wagner	103'10	1970
Al DeSantis	139'10	1961	Dennis Hutton	128'10	1959	Joe Godfrey	121'1	1968	Greg Sauer	103'6	1974

HIGH JUMP

Seniors			Juniors			Sophomores			Freshmen		
Tyler Parish	6'10	2011	Brett Rancher	6'10 i	2000	Brett Rancher	6'6	1999	Brett Rancher	6'5	1998
Dave Armstrong	6'7 3/4	1973	Tyler Parish	6'8	2010	Dave Armstrong	6'5	1971	Dave Armstrong	6'1 1/2	1970
Mark Bird	6'7	1990	Dave Armstrong	6'6 1/2	1972	Kyle Cooley	6'3	1978	Kevin Hissong	6'0	1990
Kyle Cooley	6'6	1980	Caleb Stempowski	6'6	2018	Kevin Hissong	6'3	1991	Sean Deegan	6'0	1996
Kevin Hissong	6'6	1993	Mark Bird	6'4	1989	Tyler Parish	6'3	2009	Zac Glowacki	6'0	2013
Brett Rancher	6'6	2001	Sean Deegan	6'4	1998	Mark Bird	6'2	1988	Caleb Stempowski	5'10	2017
Casey Copa	6'5	2007	Casey Copa	6'4	2006	Zac Glowacki	6'2	2014	Kyle Cooley	5'9	1977
Caleb Stempowski	6'5	2018	Bill Flock	6'3	1974	Caleb Stempowski	6'2	2018	Bobby Madison	5'9	1999
Mike Lugar	6'4	1996	Ron Park	6'3	1977	Todd Lugar	6'0	1989	Ken Lehman	5'8	1977
Ron Park	6'4	1977	Kyle Cooley	6'3	1979	Mike Lugar	6'0	1994	Jay Bailey	5'8	1977
Pete Weigand	6'4	1982	Greg Phillips	6'2	1978	Ron Park	5'10	1976	Greg Phillips	5'8	1976
Todd Lugar	6'4	1991	Kevin Hissong	6'2	1992	Chuck Potts	5'10	1978	Rick Brucker	5'8	1973
Sean Deegan	6'4	1999	Mike Lugar	6'2	1995	Tim Glahn	5'10	1984	Doug Clow	5'8	1970
Gregg Norheim	6'2	1975	Zac Glowacki	6'2	2015	Keith Jenkins	5'9	1991	Justin Shields	5'8	2003
Bill Flock	6'2	1975	Ron Wantuck	6'0	1974	Bob Michaels	5'9	1987	Les Varga	5'6	1978
Rich Bonner	6'1 1/2	1968	Chuck Potts	6'0	1979	Rich Zvosec	5'8	1974	Paul Shin	5'6	1979
Rich Zvosec	6'0	1976	Pete Weigand	6'0	1981	Greg Peltz	5'8	2001	Bob Michaels	5'6	1986
Brian Kocak	6'0	1978	Todd Lugar	5'8	1990	Josh Kelley	5'8	2014	Todd Lugar	5'6	1988
Greg Phillips	6'0	1979	Gregg Norheim	5'10	1974	Dave Lugar	5'7	1963	Mike Lugar	5'6	1993
Ron Park	6'0	1989	Charlie Marty	5'10	1971	Nathan Stewart	5'7	2023	Gianni Catalano	5'6	2004
J.B. Cirata	6'0	1994	Tim Glahn	5'10	1985	Roger Benner	5'6	1958	Brandon Clark	5'6	2002
Dave Guidish	6'0	1994	Matt Jacobs	5'10	1991	Bill Flock	5'6	1973	Tyler Parish	5'6	2008
Brad Kushinski	6'0	2004	Keith Jenkins	5'10	1992	Norm Tipton	5'6	1978	Zachary Post	5'6	2023
Zac Glowacki	6'0	2016	J.B. Cirata	5'10	1993	Gianni Catalano	5'6	2005			
Rick Brucker	5'11	1976	Dominic Pelletieri	5'10	2000						
			Brad Kushinski	5'10	2003						
			Dravin Lucky	5'10	2012						

TRIPLE JUMP

Seniors			Juniors			Sophomores			Freshmen		
Mike Lugar	42'9 3/4		Tyler Pamish	39'7	2010	Tyler Parrish	39'1 3/4	2009			
Ron Wantuck	41'2	1975	Dale Swift	39'0 1/2	1975	Kyle Cooley	36'5	1978			
Tyler Parrish	40'9 3/4	2011	Larry Watson	37'4	1975	Brandon Velasquez	35'9	2014			
Dennis Trace	39'7 1/2	1971	Kyle Cooley	37'0	1979	Joe Lovell	32'4 1/2	1976			
Kyle Cooley	39'2	1980	Brandon Velasquez	36'7	2015						
Dale Swift	38'9 1/2	1976	Gregg Northeim	35'8 1/2	1976						
Lary Watson	39'3 1/2	1976									
Dave Armstrong	37'2 3/4	1971									
Joe Huber	34'6 3/4	1976									

POLE VAULT

Seniors			Juniors			Sophomores			Freshmen		
Dominic Pelletieri	16'0 1/4	2001	Matt Zvosec	15'2	2010	Matt Zvosec	14'6	2009	Matt Zvosec	12'6	2008
Eric McCallister	15'3	1997	Dominic Pelletieri	15'0	2000	Nick Bigrigg	13'6	1999	Brandon Velasquez	12'0	2013
Nick Bigrigg	15'0	2001	Eric McCallister	14'3	1996	Mike Yocheim	13'3	1991	Don Clark	12'0	1977
Adam Kalivoda	15'0	2009	Mike Lugar	14'0	1995	Adam Kalivoda	13'3	2007	Dominic Pelletieri	12'0	1998
Matt Zvosec	15'0	2011	Adam Kalivoda	14'0	2008	Don Clark	13'0	1978	Mike Lugar	11'6	1993
Mike Lugar	14'10	1996	Nick Bigrigg	13'9	2000	Eric McCallister	13'0	1995	Austin Lugar	11'6	2022
Alex Boiwka	14'9	2005	Brandon Velasquez	13'9	2015	Dominic Pelletieri	13'0	1999	Ken Daidone	11'0	1976
Mark Bird	14'6	1990	Ken Daidone	13'6	1978	Brandon Velasquez	13'0	2014	Dan Sadowski	11'0	1978
Mike Bigrigg	14'6	2002	Doug Fiala	13'6	1982	Erik Henderson	13'0	2017	Mike Yocheim	11'0	1990
Logan Freeman	14'0	2017	Mike Bigrigg	13'6	2001	Ken Daidone	12'6	1977	Van Evans	11'0	1990
Evan Draga	13'10	2023	Alex Boiwka	13'6	2004	Mark Bird	12'6	1988	Scott Dall	11'0	1993
Ken Daidone	13'6	1979	Erik Henderson	13'6	2018	Mike Lugar	12'6	1994	Eric McCallister	11'0	1994
Van Evans	13'6	1993	George Ashton	13'4	1970	Mike Bigrigg	12'6	2000	Nick Hart	11'0	2009
Mike Yocheim	13'6	1993	Don Clark	13'0	1979	Dan Logsdon	12'6	2003	Tom Sutton	11'0	2013
Brandon Velasquez	13'6	2016	Todd Morain	13'0	1988	George Ashton	12'1 3/4	1969	Erik Henderson	11'0	2016
Cory Prosowski	13'3	2006	Mark Bird	13'0	1989	Dave Johnson	12'0	1991	Joe Lovell	10'9	1975
Dan Sadowski	13'0	1981	Bob Stack	12'6	1995	Todd Morain	12'0	1987	Joe Huber	10'6	1973
Mike Guessner	13'0	1980	Dan Logsdon	12'6	2004	Jeff Henry	12'0	1977	Russ Becker	10'6	1972
Dan Shiltz	13'0	2006	Nick Davis	12'6	2004	Nick Pittak	12'0	2005	Jack Penton	10'6	1969
Dakota Walker	13'0	2013	Cory Prosowski	12'6	2005	Cooper Miller	12'0	2023	Dave Lewicki	10'6	1969
Dick Mulford	12'6 1/4	1960	Kale Klekota	12'6	2009	Joe Lovell	11'6	1976	Bob Stack	10'6	1993
George Ashton	12'6	1971	Logan Freeman	12'6	2016	Joe Huber	11'6	1974	Nick Pittak	10'6	2004
Art Pearce	12'6	1971	Evan Draga	12'6	2022	Mike Guessner	11'6	1979	Brett Markel	10'0	1991
Todd Morain	12'6	1989	Dick Mulford	12'0	1959	Bob Stack	11'6	1994	Todd Morain	10'0	1986
Bob Stack	12'6	1996	Art Pearce	12'0	1970	Alex Boiwka	11'6	2003	Tom Penton	10'0	1965
Kale Klekota	12'6	2010	Rick Ashton	12'0	1971	Kale Klekota	11'6	2008	Mike Guessner	10'0	1978
			Jeff Klingshim	12'0	1973	Tom Sutton	11'6	2013	Paul Hamych	10'0	1998
			Russ Becker	12'0	1974	Logan Freeman	11'6	2015	Nick Bigrigg	10'0	1998
			Joe Huber	12'0	1975	Evan Draga	11'6	2021	Kale Klekota	10'0	2007
			Joe Lovell	12'0	1977				Andy Swift	10'0	2011
			Jeff Henry	12'0	1978				Alex Dodrill	10'0	2017
			Dan Sadowski	12'0	1980				Cooper Miller	10'0	2022
			Mike Yocheim	12'0	1992						
			Van Evans	12'0	1992						
			Tom Sutton	12'0	2015						

Friday, Jan. 6th, 2023

SPIRE Blue Division Indoor #1

At SPIRE Fieldhouse, Geneva

TEAM SCORES		60 METER DASH		4 X 800 RELAY				4 X 200 RELAY				
Austintown-Fitch	113		Final					Stacey		24.5		
Medina	102	Lugar	7.59					Tackett		23.2		
Stow	78							Lugar		24.0		
Amherst Steele	62.5	Stacey	7.77					McQuate		23.0		
Avon	50.5											
Strongsville	44	Lee	7.80					1st		1:34.57		
Berea-Midpark	41							New School Record				
Avon Lake	41							Lee		23.7		
Walsh Jesuit	28.5							Thompson		25.0		
Lutheran West	21.5							Cislo		24.7		
								Hopkins		27.5		
												1:41.23
SHOT PUT		60 METER HURDLES		1600 METER RUN				4 X 400 RELAY				
			Final									
George	41'10			Susi	1:14.0	2:32.5	3:52.6	5:10.16	McQuate		52.8	
7th						1:18.5	1:20.1	1:17.6	Stacey		55.1	
Henry	37'10 1/2								Wilson		55.1	
				Nicely	1:15.3	2:39.7	4:02.0	5:23.62	Tackett		51.2	
Psimer	35'10 1/2					1:24.4	1:22.3	1:21.6				
									1st		3:34.90	
Studstill	29'6 1/2			Walker	1:17.0	2:38.4	4:06.1	5:23.73	Stewart		58.7	
						1:21.4	1:27.7	1:17.6	Susi		1:05.1	
WEIGHT THROW		200 METER DASH		Bremer	1:22.3	2:53.2	4:21.6	5:49.90	Nicely		1:04.3	
						1:30.9	1:28.4	1:28.3	Thompson		58.9	
George	46'1	Thompson	23.92									4:06.89
3rd			6th									
Psimer	35'6	Lee	24.42									
Henry	30'3											
Simo	28'6											
LONG JUMP		400 METER DASH		800 METER RUN				HIGH JUMP				
Stewart	17'9 1/2	Tackett	52.53	Wilson	1:02.3		2:17.61	Stewart		5'0		
		1st					1:15.3					
Lugar	17'7 1/2	McQuate	52.85					Hopkins		NH		
		2nd		Demercurio	1:04.4		2:21.86	Thomas		NH		
Cislo	16'6 1/2						1:17.5					
Thomas	NM											
POLE VAULT		3200 METER RUN										
Lugar	NH			Michalak	1:16.7	2:35.9	3:58.6	5:22.6	6:48.1	8:16.6	9:45.9	11:05.92
				2nd		1:19.2	1:22.7	1:24.0	1:25.5	1:28.5	1:29.3	1:20.0
				Zaidi	1:15.4	2:41.8	4:12.9	5:42.8	7:17.5	8:57.1	10:32.1	12:05.78
				7th		1:26.4	1:31.1	1:29.9	1:34.7	1:39.6	1:35.0	1:33.7

Friday, Jan. 20, 2023

SPIRE Blue Division Indoor #2

At SPIRE Fieldhouse, Geneva

TEAM SCORES		60 METER DASH		4 X 800 RELAY				4 X 200 RELAY				
Medina	114.5		Final					Lugar	23.2			
Stow	75	Lugar	7.62					Stacey	24.8			
Austintown-Fitch	71							Draga	23.7			
Avon	63	Thomas	8.53					McQuate	22.6			
Amherst Steele	58											
Avon Lake	55.5	Hopkins	8.58					3rd	1:34.85			
Walsh Jesuit	39							Thompson	23.9			
Strongsville	38							Lee	22.5			
Berea-Midpark	37							Cislo	24.6			
Lutheran West	31							Giurbino	30.1			
									1:41.80			
SHOT PUT		60 METER HURDLES		1600 METER RUN				4 X 400 RELAY				
			Final									
George	42'3 1/2	Tackett	9.11	Michalak	1:10.6	2:28.1	3:46.9	5:03.41	McQuate	52.2		
6th		8th				1:17.5	1:18.8	1:16.5	Draga	54.8		
Henry	35'11								Thompson	57.3		
				Demercurio	1:10.1	2:29.8	3:52.2	5:15.61	Tackett	50.3		
Psimer	35'2 3/4					1:19.7	1:22.4	1:23.4				
									2nd	3:35.05		
Simo	33'11 1/2			Zaidi	1:12.4	2:33.8	3:57.5	5:18.86	Stacey	54.9		
						1:21.4	1:23.7	1:21.4	Wilson	55.2		
WEIGHT THROW		200 METER DASH							Nicely	1:02.5		
George	48'5	McQuate	23.25	Naro	1:26.8	3:05.3	4:44.3	6:11.70	DeMercurio	1:05.7		
3rd		3rd				1:38.5	1:39.0	1:27.4				
Psimer	34'5	Lee	24.91	Ray	1:45.8	4:06.2	6:40.8	8:57.10		3:58.66		
8th						2:20.4	2:34.6	2:16.3				
Henry	33'7											
Studstill	22'8											
LONG JUMP		400 METER DASH		800 METER RUN				HIGH JUMP				
Cislo	17'4	Tackett	51.36	Wilson		1:10.8		2:13.03	Stewart	NH		
		2nd						1:02.2				
Hopkins	14'10 1/2	Thompson	53.77						Thomas	NH		
		6th		Nicely		1:13.2		2:27.45	Hopkins	NH		
Giurbino	11'4	Stacey	54.32					1:14.2				
		8th							Giurbino	NH		
Stewart	NM											
POLE VAULT		3200 METER RUN										
Draga	13'9			Susi	1:16.5	2:41.7	4:06.4	5:32.8	6:57.3	8:22.1	9:43.7	10:59.99
2nd				7th		1:25.2	1:24.7	1:26.4	1:24.5	1:24.8	1:21.6	1:16.3
Lugar	NH			Walker	1:16.8	2:40.6	4:05.0	5:34.2	7:00.8	8:28.0	10:03.7	11:19.70
						1:23.8	1:24.4	1:29.2	1:26.6	1:27.2	1:35.7	1:16.0

Friday, Feb. 3, 2023

SPIRE Blue Division Indoor #3

At SPIRE Fieldhouse, Geneva

TEAM SCORES		60 METER DASH		4 X 800 RELAY				4 X 200 RELAY				
Medina	100		Final					Lugar		23.4		
Austintown-Fitch	96	Lee	7.78					Thompson		24.6		
Avon Lake	69							Draga		22.9		
Amherst Steele	63	Giurbino	7.86					McQuate		22.6		
Avon	57											
Stow	49	Thomas	8.51					4th		1:33.75		
Strongsville	49							New School Record				
Berea-Midpark	39	Hopkins	8.60					Lee		23.9		
Walsh Jesuit	32							Stewart		26.5		
Lutheran West	28							Cislo		25.5		
								Hopkins		27.1		
												1:43.27
SHOT PUT		60 METER HURDLES		1600 METER RUN				4 X 400 RELAY				
			Final									
George	45'0 1/4	Tackett	9.11	Bard	1:33.0	3:21.3	5:10.4	6:51.92	McQuate		52.8	
6th						1:48.3	1:49.1	1:41.5	Stacey		54.1	
Henry	37'9	Cislo	10.19						Draga		52.4	
									Tackett		53.3	
Psimer	36'2 3/4								1st		3:32.97	
Studstill	26'9								Wilson		56.6	
WEIGHT THROW		200 METER DASH							Ramirez		53.6	
George	49'4	McQuate	23.21						Naro		1:09.5	
2nd		2nd							Walker		1:01.5	
Henry	39'9	Thompson	23.79									4:01.66
		8th										
Simo	27'4	Lee	24.61									
Psimer	F											
LONG JUMP		400 METER DASH		800 METER RUN				HIGH JUMP				
Lugar	18'3	Tackett	51.59	Ramirez		0:59.5	2:06.84	Stewart		5'4		
8th		1st		4th			1:07.3					
Cislo	17'10 1/2	Stacey	54.57					Thomas		NH		
		7th		Wilson		1:02.8	2:13.81	Hopkins		NH		
Stewart	16'9						1:11.0					
Lee	14'9			Walker		1:10.0	2:23.14	Giurbino		NH		
							1:13.1					
				Naro		1:18.0	2:41.62					
							1:23.6					
OLE VAULT		3200 METER RUN										
Draga	13'6			DeMercurio	1:10.8	2:34.9	4:01.2	5:30.4	7:11.5	8:28.2	9:56.5	11:28.90
3rd						1:24.1	1:26.3	1:29.2	1:41.1	1:16.7	1:28.3	1:32.4
				Zaidi	1:16.6	2:43.1	4:12.6	5:44.2	7:14.0	8:44.9	10:14.8	11:37.35
						1:26.5	1:29.5	1:31.6	1:29.8	1:30.9	1:29.9	1:22.5

Friday-Saturday Feb. 10-11, 2023

Eastern States Indoor

Norton Sports Center, Louisville, KY

No Team Score Kept

60 METER DASH

	<i>Final</i>
Tackett	7.52
Lugar	7.62
Stacey	7.72
Guribino	7.87
Lee	7.91

4 X 800 RELAY

Wilson	28.9	1:03.9	1:40.1	2:16.3
		35.0	36.2	36.2
Michalak	35.8	1:12.6	1:50.7	2:26.0
		36.8	38.1	35.3
DeMercurio	29.1	1:04.9	1:44.5	2:23.5
		35.8	39.6	39.0
Walker	35.0	1:10.6	1:47.5	2:23.8
		35.6	36.9	36.3
				9:30.01

4 X 400 RELAY

Draga	53.5
Stacey	53.6
Thompson	56.2
Tackett	51.4
	3:35.18
Wilson	57.7
Walker	1:01.6
Nicely	1:04.3
DeMercurio	1:02.0

Nicely	32.6	1:09.8	1:48.6	2:27.7
		37.2	38.8	39.1
Bremer	37.8	1:18.7	2:00.8	2:42.3
		40.9	42.1	41.5
Zaidi	33.2	1:10.2	1:49.3	2:27.8
		37.0	39.1	38.5
Bard	37.3	1:17.8	2:03.4	2:50.1
		40.5	45.6	46.7

4:06.53

WEIGHT THROW

George	50'0 1/2
4th	
Henry	39'1 1/4
7th	
Simo	30'1 1/2
8th	

60 METER HURDLES

	<i>Final</i>
Cislo	9.70

Zaidi	33.2	1:10.2	1:49.3	2:27.8
		37.0	39.1	38.5
Bard	37.3	1:17.8	2:03.4	2:50.1
		40.5	45.6	46.7
				10:28.54

SHOT PUT

George	43'5 1/2
Henry	38'9 1/2
Psimer	35'4

1600 METER RUN

LONG JUMP

200 METER DASH

McQuate	23.79
Thompson	23.84

800 METER RUN

HIGH JUMP

Stewart	5'2
Giurbino	NH

POLE VAULT

400 METER DASH

Draga	13'6	Tackett	51.30
4th			
Lugar	NH	Thompson	53.93
		Stacey	54.76

3200 METER RUN

Friday, Feb. 17, 2023

NEOITC All-Star Meet

At SPIRE Fieldhouse, Geneva

<u>NO TEAM SCORES</u>	<u>60 METER DASH</u>	<u>4 X 800 RELAY</u>	<u>4 X 200 RELAY</u>
	<i>Prelim Final</i>		Lugar 23.9
			Thompson 24.8
			Stacey 23.9
			Draga 22.9
			1:35.90

<u>SHOT PUT</u>	<u>60 METER HURDLES</u>	<u>1600 METER RUN</u>	<u>4 X 400 RELAY</u>
	<i>Prelim Final</i>		
George 42'10			Thompson 54.4
			Stacey 53.1
			Draga 52.5
			Tackett 51.2
			4th 3:31.45

<u>800 METER RUN</u>			
Ramirez	58.1	2:12.30	
		1:14.2	

<u>WEIGHT THROW</u>	<u>200 METER DASH</u>
George 52'5	
3rd	
Henry 44'10	

<u>LONG JUMP</u>	<u>400 METER DASH</u>	<u>3200 METER RUN</u>
	Tackett 50.74	
	6th	
	<i>New School Indoor Record</i>	

<u>HIGH JUMP</u>	<u>POLE VAULT</u>
Stewart NH	Draga 13'6
	6th

Saturday, March 4, 2023

Ohio State Indoor Championships

At SPIRE Institute, Geneva

<u>FINAL TEAM SCORES</u>	<u>60 METER DASH</u>	<u>4 X 800 RELAY</u>	<u>4 X 400 RELAY</u>
	<i>Prelim Final</i>		McQuate 53.8 Stacey 53.9 Draga 52.2 Tackett 49.8
	<u>60 METER HURDLES</u>		3:30.15
	<i>Prelim Final</i>		
	<u>200 METER DASH</u>	<u>1600 METER RUN</u>	<u>4 X 200 RELAY</u>
	<u>400 METER DASH</u>		<u>SHOT PUT</u>
	Tackett 50.80		
	<u>POLE VAULT</u>	<u>800 METER RUN</u>	<u>HIGH JUMP</u>
	Draga 13'0		
	<u>LONG JUMP</u>		<u>WEIGHT THROW</u>
			George 52'5
	<u>TRIPLE JUMP</u>	<u>3200 METER RUN</u>	

Wed. March 22, 2023

Intersquad

At Marion L. Steele High School

FINAL TEAM SCORE

SHOT PUT

George	Green	39'10
Henry	Green	39'0
Psimer	Gold	34'1
Simo	Green	33'7
Workman	Gold	32'0 1/2
Swiers	Gold	31'3 1/2
Palermo	Gold	28'5
Studstill	Green	26'10 1/2
Bailey	Gold	24'2
Kinser	Green	22'2
Edwards	Green	19'8
Wolshuck	Gold	19'3

DISCUS

Simo	Green	99'6
Wilson	Gold	99'
George	Green	95'11
Psimer	Gold	90'4
Henry	Green	89'10
Palermo	Gold	80'0
Workman	Gold	73'9
Studstill	Green	70'3
Swiers	Gold	59'1
Wolshuck	Gold	57'2
Kinser	Green	51'1
Edwards	Green	45'0

POLE VAULT

Draga	Green	12'6
Lugar	Green	11'0

LONG JUMP

Schreiber	Green	17'8 1/2
Giurbino	Gold	17'3
Stewart	Green	16'10 1/2
Zelenka		16'7 1/2
Lindsay	Green	F

HIGH JUMP

Stewart	Green	5'3
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100 METER DASH

Heckmann	Gold	11.1
Schreiber	Green	11.5
Lee	Green	11.7
Gilles	Green	12.3
DiMacchia	Gold	12.4
Lewis	Gold	12.5
Taliano	Green	12.5
Lindsay	Green	12.9
Post	Green	13.8
Kocsis	Green	14.1
Martinez	Gold	14.3
Elliott	Green	15.0

400 METER DASH

Stacey	Gold	54.5
Chemey	Green	1:11.7

100 M HURDLES

Giurbino	Gold	48.3
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1600 METER RUN

Bowlsby	Green	1:05.0	2:11.0	3:20.0	4:30.1
			1:06.0	1:09.0	1:10.1
Perez	Gold	1:08.0	2:21.0	3:37.0	4:51.0
			1:13.0	1:16.0	1:14.0
Miller	Gold	1:10.0	2:27.0	3:47.0	5:02.0
			1:17.0	1:20.0	1:15.0
Zaidi	Green	1:10.0	2:31.0	3:55.0	5:14.2
			1:21.0	1:24.0	1:19.2
Nicely	Gold	1:13.0	2:33.0	3:57.0	5:15.0
			1:20.0	1:24.0	1:18.0
DeMercurio	Green	1:13.0	2:36.0	4:03.0	5:24.2
			1:23.0	1:27.0	1:21.2
Crawford	Gold	1:15.0	2:40.0	4:08.0	5:27.5
			1:25.0	1:28.0	1:19.5
Pitcock	Green	1:16.0	2:43.0	4:14.0	5:31.0
			1:27.0	1:31.0	1:17.0
Ray	Gold	1:41.0	3:43.0	5:43.0	7:23.4
			2:02.0	2:00.0	1:40.4

800 METER RUN

Bowlsby	Green	0:59.0	2:03.3
			1:04.3
Ramirez	Gold	1:02.5	2:13.3
			1:10.8
Miller	Gold	1:10.1	2:26.5
			1:16.4
Nicely	Gold	1:11.7	2:28.8
			1:17.1
Crawford	Gold	1:16.9	2:38.8
			1:21.9
Naro	Green	1:20.0	2:46.5
			1:26.5

4 X 200 RELAY

Cislo	Gold	25.9
Heckmann		26.2
Lewis		24.5
Zelenka		24.0
		1:41.2
Lee	Green	25.6
Gilles		35.0
Taliano		26.9
Thompson		23.5
		1:41.6
Post	Green	24.4
Elliott		34.1
Kocsis		31.4
Farlow		26.9
		1:57.7

4 X 400 RELAY

Dimacchia	Gold	1:05.4
Martinez		1:10.1
Ramirez		0:56.4
Ray		1:17.6
		4:29.5
Zaidi	Green	1:09.0
Pitcock		1:11.0
Naro		1:08.5
DeMercurio		1:02.0
		4:30.5

FINAL TEAM SCORE		100 METER DASH		4 X 800 RELAY			4 X 100 RELAY	
Amherst Steele	73	Lee	11.9	Michalak	1:08.1	2:20.4	Lugar	
North Ridgeville	64	DiMacchia	12.0			1:12.3	Zelenka	
		Gilles	12.2	DeMercurio	1:06.6	2:22.1	Stacey	
		Fellenstein	12.4			1:15.5	Heckmann	
		Taliano	12.4	Nicely	1:14.3	2:26.2	1st	44.1
		Lewis	12.7			1:11.9		
		Post	12.7	Trevino	1:11.9	2:23.2		
		Lindsay	12.9			1:11.3		
		Farlow	13.0	1st		9:31.9		
		Kocsis	13.1					
		Martinez	13.5					
		Elliot	13.7					

SHOT PUT		200 METER DASH		1600 METER RUN			4 X 200 RELAY			
George	2nd 42'1 1/2	Thompson	3rd 23.2	Michalak	1:15.9	2:34.3	3:52.6	5:02.6	Giurbino	25.2
Henry	3rd 41'8	Heckmann	23.3			1:18.4	1:18.3	1:10.0	Lewis	25.6
Simo	36'9	Lugar	23.7	Nicely	1:16.4	2:38.2	3:59.3	5:11.5	Zelenka	23.7
PSimer	36'6	Draga	23.8			1:21.8	1:21.1	1:12.2	Heckmann	22.6
Mayer	36'10 1/2	Dimacchia	25.2	Walker	1:16.9	2:38.7	3:59.8	5:15.2	1st	1:36.3
Workman	33'10	Fellenstein	25.2			1:21.8	1:21.1	1:15.4		
Palermo	31'1/2	Gilles	25.5	DeMercurio	1:19.4	2:43.6	4:06.6	5:26.7		
Studstill	29'5 1/2	Taliano	25.6			1:24.2	1:23.0	1:20.1		
Wolshuck	25'7 1/4	Post	26.5	Pitcock	1:16.9	2:42.1	4:08.8	5:28.4		
Kisner	22'3 1/2	Martinez	28.1			1:25.2	1:26.7	1:19.6		
Edwards	20'3/4	Elliot	28.2	Trevino	1:16.9	2:39.4	4:08.8	5:31.3		
		Kocsis	29.2			1:22.5	1:29.4	1:22.5		
				Bremer	1:19.9	2:48.7	4:21.7	5:49.7		
						1:28.8	1:33.0	1:28.0		
				Ray	1:29.6	3:17.7	4:58.8	6:37.9		
						1:48.1	1:41.1	1:39.1		

DISCUS		200 METER DASH		1600 METER RUN			4 X 400 RELAY			
Mayer	1st 120'7	Thompson	3rd 23.2	Michalak	1:15.9	2:34.3	3:52.6	5:02.6	Ramirez	52.8
Simo	111'1	Heckmann	23.3			1:18.4	1:18.3	1:10.0	Miller	57.0
Wilson	106'11	Lugar	23.7	Nicely	1:16.4	2:38.2	3:59.3	5:11.5	Nicely	1:02.8
George	98'2	Draga	23.8			1:21.8	1:21.1	1:12.2	Giurbino	59.8
Palermo	87'1	Dimacchia	25.2	Walker	1:16.9	2:38.7	3:59.8	5:15.2	3:52.3	
Workman	83'4	Fellenstein	25.2			1:21.8	1:21.1	1:15.4		
PSimer	77'1	Gilles	25.5	DeMercurio	1:19.4	2:43.6	4:06.6	5:26.7		
Studstill	75'5	Taliano	25.6			1:24.2	1:23.0	1:20.1		
Henry	71'2	Post	26.5	Pitcock	1:16.9	2:42.1	4:08.8	5:28.4		
Kisner	59'6	Martinez	28.1			1:25.2	1:26.7	1:19.6		
Edwards	53'7	Elliot	28.2	Trevino	1:16.9	2:39.4	4:08.8	5:31.3		
		Kocsis	29.2			1:22.5	1:29.4	1:22.5		
				Bremer	1:19.9	2:48.7	4:21.7	5:49.7		
						1:28.8	1:33.0	1:28.0		
				Ray	1:29.6	3:17.7	4:58.8	6:37.9		
						1:48.1	1:41.1	1:39.1		

POLE VAULT		400 METER DASH		800 METER RUN			4 X 400 RELAY			
Draga	1st 12'6	Ramirez	1st 52.5	Miller	1:05.6	2:12.1			Naro	1:08.6
Miller	2nd 11'6	Chemey	1:05.7			1:06.5			Bremer	1:11.6
Lugar	3rd 10'6	Rivera	1:27.6	Wilson	1:07.2	2:18.2			Chemey	1:08.4
						1:11.0			Ray	1:18.4
				Mausser	1:11.1	2:32.7			4:46.9	
						1:21.6				
				Naro	1:23.0	2:44.4				
						1:21.4				
				Bard	1:18.7	2:50.4				
						1:31.7				

LONG JUMP		110 M HURDLES	
Giurbino	2nd 19'0	Cislo	2nd 16.9
Cislo	3rd 18'6	Stewart	3rd 17.6
Zelenka	18'6		
Lugar	18'0		
Stewart	17'10		
Lee	17'2		
Lindsay	17'0		

HIGH JUMP		300 M HURDLES		3200 METER RUN									
Zelenka	2nd 5'6	Cislo	1st 42.7	Zaidi	1:22.6	2:42.3	4:08.3	5:38.4	7:08.8	8:37.4	10:04.8	11:25.1	
Stewart	3rd 5'6	Lee	3rd 44.2			1:19.7	1:26.0	1:30.1	1:30.4	1:28.6	1:27.4	1:20.3	
Post	5'0	Stewart	45.9	Crawford	1:22.6	2:49.4	4:19.7	5:52.5	7:25.2	8:55.8	10:27.2	11:46.7	
						1:26.8	1:30.3	1:32.8	1:32.7	1:30.6	1:31.4	1:19.5	

Friday, April 14th, 2023

Lorain County Invitational

At North Ridgeville High School

FINAL TEAM SCORE		100 METER DASH			4 X 800 RELAY			4 X 100 RELAY	
			Prelim	Final					
Avon	137	Heckmann	11.40	11.53	Ramirez	1:00.6		2:05.5	Lugar
Avon Lake	84	8th						1:04.9	Zalenka
Midview	81.5				Miller	1:04.4		2:13.2	Stacey
Amherst Steele	79	Lugar	FS					1:08.8	Heckman
Keystone	75				Michalak	1:08.5		2:21.1	
North Ridgeville	71							1:12.6	6th 46.16
Brookside	26				Wilson	1:02.5		2:24.1	
Oberlin	26							1:21.6	
Lake Ridge	20								
Firelands	16				5th			9:04.40	
Wellington	12.5								
Elyria	12								
Lorain	10								
Elyria Catholic	9								
Columbia	1								
Open Door	0								
Clearview	0								

SHOT PUT		200 METER DASH			1600 METER RUN				4 X 200 RELAY		
			Prelim	Final							
George	44'2 3/4	McQuate	22.77	22.94	Bowlsby	1:04.1	2:07.1	3:12.1	4:19.44	Lugar	23.9
7th		4th			1st		1:03.0	1:05.0	1:07.3	Thompson	22.6
Henry	42'2 1/2	Heckmann	24.18		Michalak	1:10.3	2:25.8	3:40.5	4:54.10	Draga	22.6
8th							1:15.5	1:14.7	1:13.6	McQuate	22.4
										3rd	1:31.73

DISCUS		400 METER DASH			800 METER RUN			4 X 400 RELAY		
				Final						
Mayer	114'8	Stacey		53.43	Miller	1:04.8		2:11.84	McQuate	52.2
		7th						1:07.0	Stacey	53.0
Simo	112'0	Thompson		54.25	DeMercurio	1:06.5		2:23.74	Draga	52.3
								1:17.2	Ramirez	51.8
									1st	3:29.55

LONG JUMP		100 METER HURDLES			3200 METER RUN								
			Prelim	Final									
Giurbino	18'3 3/4	Cislo	16.33	17.24	Perez	1:10.4	2:24.2	3:37.9	4:54.0	6:09.0	7:25.0	8:40.4	9:43.14
		8th			1st		1:13.8	1:13.7	1:16.1	1:15.0	1:16.0	1:15.4	1:02.7
Zelenka	16'7 1/2	Stewart	18.67		Bowlsby	1:10.2	2:22.9	3:35.3	4:48.9	6:04.3	7:21.3	8:37.5	9:44.87
					2nd		1:12.7	1:12.4	1:13.6	1:15.4	1:17.0	1:16.2	1:07.4

HIGH JUMP		POLE VAULT		300 METER HURDLES	
					Final
Zelenka	5'2	Draga	12'6	Cislo	43.07
		2nd		5th	
Stewart	5'4	Miller	10'6	Lee	46.92
		6th			

FINAL TEAM SCORE			
Berea-Midpark	79		
Amherst Steele	48		
SHOT PUT			
George	2nd	41'5 1/2	
Henry	3rd	40'8	
Mayer		39'2	
PSimer		38'6	
Simo		34'8	
Workman		31'10 1/2	
Palermo		30'1 1/2	
Studstill		28'8	
Kisner		21'9	
Wolshuck		21'5 1/2	

100 METER DASH			
Draga		11.5	
Thompson		11.7	
Gilles		12.3	
Taliano		12.4	
Dimacchia		12.6	
Farlow		12.6	
Lewis		12.7	
Fellenstein		12.8	
Lindsay		12.8	
Post		12.8	
Kocsis		13.5	

4 X 800 RELAY						
Perez	1:02.3			2:07.9		
Miller	1:01.6			2:12.5		
Michalak	1:09.1			2:20.5		
Nicely	1:06.4			2:19.8		
Wilson	1:02.5			2:16.2		
Walker	1:15.1			2:33.5		
Pitcock	1:13.1			2:36.1		
Mausser	1:04.5			2:23.5		
9:49.3						

4 X 100 RELAY			
Lugar			
Zelenka			
Stacey			
Heckmann			
DNS			

DISCUS			
Mayer	2nd	112'11	
Simo		107'5	
George		93'6	
Palermo		82'8	
Workman		80'11	
Henry		80'0	
Studstill		74'5	
Kisner		60'9	
Wolshuck		52'3	

200 METER DASH			
Thompson	1st	23.1	
Fellenstein		26.0	
Gilles		26.1	
Dimacchia		26.3	
Martinez		26.6	
Post		27.4	
Kocsis		29.1	

1600 METER RUN						
Bolwsby	1:06.0	2:23.5	3:29.1	4:32.8		
1st						
		1:17.5	1:05.6	1:03.7		
Zaidi	1:13.6	2:30.4	3:50.1	5:02.6		
3rd						
Walker	1:14.6	2:32.6	3:53.3	5:08.7		
Crawford	1:15.4	2:36.9	4:01.1	5:20.8		
Pitcock	1:17.9	2:46.2	4:15.1	5:36.9		
Naro	1:22.0	2:52.1	4:25.4	5:55.8		
		1:30.1	1:33.3	1:30.4		

4 X 200 RELAY			
Dimacchia			
Lewis			
Giurbino			
Zelenka			
1:41.3			

4 X 400 RELAY		
Ramirez	53.2	
Perez	56.8	
Wilson	57.1	
Miller	56.9	
3:44.0		
Lewis	58.5	
Trevino	1:00.0	
Taliano	1:00.0	
Giurbino	1:00.5	
3:59.0		

POLE VAULT			
Miller	2nd	10'6	
Draga		NH	
Lugar		NH	

400 METER DASH			
Wilson		56.8	
Chemey		1:03.8	
Rivera		1:33.4	

800 METER RUN						
Ramirez	1:01.9			2:03.5		
1st						
				1:01.6		
Perez	1:03.5			2:10.1		
3rd						
Miller	1:05.1			2:13.3		
Trevino	1:04.9			2:19.9		
Nicely	1:07.0			2:24.1		
Mausser	1:05.6			2:25.5		
DeMercurio	1:05.6			2:28.1		
Bard	1:15.5			2:43.6		
Ray	1:19.6			2:55.4		
				1:35.8		

Farlow	1:06.0				
Post	1:06.0				
Walker	1:01.8				
DeMercurio	1:04.5				
4:18.3					
Niceley	1:02.5				
Gilles	1:03.3				
Chemey	1:08.5				
Mausser	1:01.1				
4:15.4					
Kocsis	1:05.6				
Dimacchia	1:08.9				
Crawford	1:04.4				
Pitcock	1:05.9				
4:24.8					
Naro	1:05.2				
Zaidi	1:05.1				
Bard	1:07.3				
Ray	1:11.5				
4:29.2					

LONG JUMP			
Stewart	2nd	18'7	
Cislo		18'2	
Lee		16'11	
Lindsay		0	
Lugar		0	
Zelenka		0	
Lewis		0	
Fellenstein		0	

300 M HURDLES			
Lee		47.2	
Lindsay		50.7	
Stewart		50.7	
Farlow		52.9	

HIGH JUMP			
Stewart	2nd	5'6	
Post		5'2	
Zelenka		NH	

110 M HURDLES			
Stewart	1st	18.8	
Lee	3rd	19.1	
Giurbino		19.9	

3200 METER RUN										
Michalak	1:16.1	2:34.3	3:56.3	5:18.6	6:41.6	8:05.3	9:29.6	10:47.1		
1st										
		1:18.2	1:22.0	1:22.3	1:23.0	1:23.7	1:24.3	1:17.5		

Saturday, April 22, 2023

67th Annual Comet Relays

At Marion L. Steele High School

TEAM SCORES		SHOT PUT		4 X 1600 RELAY				4 X 100 RELAY		
St. Ignatius	79	George	40'3 3/4	Miller	1:07.9	2:23.8	3:41.8	4:58.9	Lugar	
Medina	72	Henry	37'5 1/4			1:15.9	1:18.0	1:17.1	Zalenka	
Avon	71	Psimer	37'4	Michalak	1:15.6	2:33.7	3:53.1	5:10.0	Stacey	
Solon	58					1:18.1	1:19.4	1:16.9	Thompson	
Toledo St. John's	56		115'1	Zaidi	1:08.4	2:28.1	3:46.4	5:03.0		
Mentor	37					1:19.7	1:18.3	1:16.6	45.13	
Amherst Steele	36			Walker	1:11.7	2:32.5	3:55.6	5:11.0		
Bay	30					1:20.8	1:23.1	1:15.4		
Twinsburg	24									
Toledo St. Francis	22							20:22.93		
Brunswick	19									
Cleveland Heights	19									
Bedford	15									
Walsh Jesuit	15	DISCUS		4 X 800 RELAY				4 X 200 RELAY		
St. Edward's	14									
Avon Lake	14	Mayer	119'2	Miller		1:03.8		2:13.1	Lugar	23.9
Warren Harding	13	Simo	107'4					1:09.3	Thompson	22.8
North Olmsted	12	Wilson	100'9	Wilson		1:07.3		2:17.0	Draga	23.4
Chagrin Falls Kenston	10							1:09.7	McQuate	22.3
Westlake	9		327'3	Nicely		1:08.1		2:22.6		
Strongsville	8							1:14.5	1:32.61	
Olmsted Falls	7			Trevino		1:05.1		2:18.6		
Lakewood	5							1:13.5		
Euclid	5									
Sandusky	4							9:11.83		
Berea-Midpark	3									
Akron SVSM	3									
Fairview	2									
Gilmour Academy	1									

110 METER HURDLES			SHUTTLE HURDLES		DISTANCE MEDLEY				SPRINT MEDLEY		
	<i>Prelim</i>	<i>Final</i>	Stewart		Bowlsby	1:01.8	2:07.1	3:14.8	Draga	11.7	
Cislo	16.93		Lee				1:05.3	1:07.7	Thompson	10.9	
			Giurbino		Stacey			54.2	McQuate	22.7	
			Cislo		Ramirez	0:56.5		2:03.8	Tackett	50.8	
				DQ	Perez	1:08.1	2:22.6	3:36.8	4:45.7	4th	1:36.36
						1:14.5	1:14.2	1:08.9			
								10:58.53			

100 METER DASH			POLE VAULT		1600 METER RUN				4 X 400 RELAY		
	<i>Prelim</i>	<i>Final</i>	Draga	12'6	Bowlsby	1:03.4	2:10.4	3:17.4	4:19.39	McQuate	51.7
Gilles	12.80		Lugar	11'0	2nd		1:07.0	1:07.0	1:02.0	Stacey	53.8
			Miller	11'0						Draga	53.1
			2nd	34'6						Ramirez	52.3
										5th	3:31.14

300 M. HURDLES			LONG JUMP		3200 METER RUN								
	<i>Final</i>		Giurbino	18'6 1/4	Perez	1:06.2	2:19.0	3:35.2	4:52.9	6:10.8	7:29.4	8:42.1	9:47.90
Cislo	42.82		Stewart	17'8	4th		1:12.8	1:16.2	1:17.7	1:17.9	1:18.6	1:12.7	1:05.8
			Zelenka	17'2									
				53'4 1/4									

HIGH JUMP

Stewart
Post
Zalenka

Cancelled

FINAL TEAM SCORE		100 METER DASH		4 X 800 RELAY			4 X 100 RELAY	
Amherst Steele	94	Tackett	1st 11.8	Wilson	1:04.7	2:16.9	Lugar	
Olmsted Falls	42	Draga	2nd 12.0			1:12.2	Zelenka	
		Zelenka	3rd 12.4	Michalak	1:11.6	2:25.9	Stacey	
		Giurbino	12.8			1:14.3	Thompson	
		Gilles	12.8	Trevino	1:07.6	2:21.1	1st	45.9
		Dimacchia	12.9			1:13.5		
		Fellenstein	13.0	Mausser	1:04.7	2:22.3		
						1:17.6		
				1st		9:26.2		
				Zaidi	1:10.8	2:25.7		
						1:14.9		
				DeMercurio	1:06.7	2:23.8		
						1:17.1		
				Susi	1:09.9	2:25.6		
						1:15.7		
				Bremer	1:08.2	2:29.8		
						1:21.6		
						9:44.9		

SHOT PUT		200 METER DASH		1600 METER RUN				4 X 200 RELAY		
George	1st 41'1 1/4	McQuate	2nd 23.1	Miller	1:11.3	2:27.3	3:43.7	4:58.0	Giurbino	25.7
PSimer	3rd 37'7 1/2	Tackett	3rd 23.3	1st	1:16.0	1:16.4	1:14.3	1:14.3	Lewis	25.8
Mayer	37'6 1/2	Lugar	23.6	Walker	1:12.2	2:27.9	3:45.9	5:00.1	Taliano	25.3
Henry	37'4 1/2	Draga	23.9	2nd	1:15.7	1:18.0	1:14.2	1:14.2	Dimacchia	25.4
Simo	34'10 1/2	Stacey	23.9	Michalak	1:10.8	2:26.8	3:44.1	5:01.1		
Workman	32'8 1/2	Giurbino	25.5	3rd	1:16.0	1:17.3	1:17.0	1:17.0		
Palermo	30'4	Fellenstein	26.1	Nicely	1:11.8	2:30.9	3:52.3	5:10.1		
Studstill	27'7	Taliano	26.1		1:19.1	1:21.4	1:17.8	1:17.8		
Kinser	23'10 1/4	Post	26.1	Susi	1:13.4	2:32.9	3:54.6	5:13.8		
Wolshuk	22'2				1:19.5	1:21.7	1:19.2	1:19.2		
Edwards	20'2			Zaidi	1:13.4	2:33.7	3:58.9	5:26.5		
					1:20.3	1:25.2	1:27.6	1:27.6		
				Mausser	1:12.3	2:39.8	4:02.9	5:29.3		
					1:27.5	1:23.1	1:26.4	1:26.4		
				Bremer	1:18.8	2:48.5	4:19.1	5:46.0		
					1:29.7	1:30.6	1:26.9	1:26.9		
				Ray	1:29.1	3:13.7	4:59.3	6:42.1		
					1:44.6	1:45.6	1:42.8	1:42.8		

DISCUS		400 METER DASH		800 METER RUN				4 X 400 RELAY		
Mayer	1st 118'1	Chemey	1:05.3	Ramirez	1:04.3	2:11.7			DeMercurio	1:03.9
Simo	3rd 115'8			1st		1:07.4			Gilles	1:01.9
George	98'1			Miller	1:07.3	2:15.4			Naro	1:10.6
Wilson	96'3			2nd		1:08.1			Dimacchia	1:02.0
Workman	82'6			Wilson	1:07.7	2:18.3				
Palermo	80'1			3rd		1:10.6			Post	1:03.0
Henry	73'1			DeMercurio	1:09.5	2:20.7			Farlow	1:08.7
Studstill	61'0					1:11.2			Fellenstein	1:05.6
Kinser	58'8			Trevino	1:09.5	2:22.2			Bard	1:13.4
Edwards	53'3					1:12.7				
				Naro	1:21.6	2:45.3				
						1:23.7			Lindsay	0:58.6
				Bard	1:21.9	2:47.2			Martinez	1:05.7
						1:25.3			Susi	1:06.9
									Elliot	1:05.9
										4:17.1

POLE VAULT		110 M HURDLES		3200 METER RUN								
Draga	1st 13'6	Lee	2nd 18.8	Michalak	1:16.7	2:39.9	4:04.6	5:28.9	6:53.3	8:17.0	9:40.9	10:57.1
Miller	2nd 11'6	Stewart	3rd 18.8	1st		1:23.2	1:24.7	1:24.3	1:24.4	1:23.7	1:23.9	1:16.2
Lugar	NH	Lindsay	20.9	2nd		1:17.7	2:41.8	4:08.5	5:34.9	7:02.3	8:29.8	11:12.6
				3rd			1:24.1	1:26.7	1:26.4	1:27.4	1:27.5	1:16.3
				DeMercurio	1:09.5	2:20.7						
						1:10.6	1:10.6	1:10.6	1:10.6	1:10.6	1:10.6	
				Trevino	1:09.5	2:22.2						
						1:12.7	1:12.7	1:12.7	1:12.7	1:12.7	1:12.7	
				Naro	1:21.6	2:45.3						
						1:23.7	1:23.7	1:23.7	1:23.7	1:23.7	1:23.7	
				Bard	1:21.9	2:47.2						
						1:25.3	1:25.3	1:25.3	1:25.3	1:25.3	1:25.3	

LONG JUMP		300 M HURDLES	
Stewart	1st 18'9 1/2	Stewart	2nd 47.1
Cislo	3rd 17'6	Lindsay	3rd 48.4
Lewis	16'3 1/2	Farlow	51.4
Lindsay	16'10		

Friday, April 28th, 2023

Avon Invitational

At Avon High School

FINAL TEAM SCORE		100 METER DASH			4 X 800 RELAY				4 X 100 RELAY				
			<i>Prelim</i>	<i>Final</i>									
Avon	146.5	Stacey		12.04	Ramirez	0:58.8		2:05.7	Lugar				
Austintown Fitch	89							1:06.9	Zalenka				
Amherst Steele	56.5				Miller	1:02.6		2:07.7	Stacey				
Twinsburg	56	Lugar		11.88				1:05.1	Thompson				
Rocky River	53				Wilson	1:01.0		2:12.3					
St. Edward	39							1:11.3					45.38
North Ridgeville	38.5				Trevino	1:05.8		2:18.6					
Olmsted Falls	36.3							1:12.8					
Bay	35.3												
Westlake	21				7th			8:44.64					
North Olmsted	21												
Avon "B"	18												
Benedictine	18												
Lakewood	12												
Holy Name	11												
Sandusky	9												
Lorain	1												
Max Hayes	0												

SHOT PUT		200 METER DASH			1600 METER RUN				4 X 200 RELAY		
			<i>Prelim</i>	<i>Final</i>							
George	41'4 1/2	McQuate		23.14	Michalak	1:09.3	2:23.4	3:40.8	4:56.57	Tackett	22.4
		6th					1:14.1	1:17.4	1:15.8	Thompson	23.5
Henry	41'1 1/4	Lugar		23.76	Walker	1:11.5	2:28.6	3:46.6	4:57.92	Draga	23.1
							1:17.1	1:18.0	1:11.3	McQuate	21.9
										2nd	1:31.37

DISCUS		400 METER DASH			800 METER RUN				4 X 400 RELAY		
			<i>Prelim</i>	<i>Final</i>							
Mayer	110'4	Stacey		53.17	Ramirez	0:59.2			2:03.32	McQuate	50.8
					7th				1:04.1	Draga	51.8
Simo	100'1	Thompson		53.43	Miller	1:02.9			2:07.93	Ramirez	52.6
									1:05.0	Tackett	52.3
										2nd	3:28.22

LONG JUMP		100 METER HURDLES			3200 METER RUN								
			<i>Prelim</i>	<i>Final</i>									
Giurbino	18'7 1/4	Cislo		16.68	Bowlsby	1:06.2	2:15.9	3:27.2	4:39.7	5:53.8	7:09.2	8:23.8	9:33.79
		7th			1st		1:09.7	1:11.3	1:12.5	1:14.1	1:15.4	1:14.6	1:10.0
Zelenka	17'9 1/2	Stewart			Perez	1:07.7	2:21.4	3:34.5	4:50.2	6:06.6	7:23.1	8:36.6	9:43.84
					4th		1:13.7	1:13.1	1:15.7	1:16.4	1:16.5	1:13.5	1:07.2

HIGH JUMP		POLE VAULT			300 METER HURDLES	
			<i>Prelim</i>	<i>Final</i>		
Zelenka	5'3	Draga		13'6	Cislo	Final
		2nd			4th	43.04
Stewart	5'3	Miller		11'6	Lee	45.54
		Tie 5th				

Wed., May 3, 2023

SWC JV Meet

At Marion L. Steele High School

FINAL TEAM SCORE

No Team Scores

100 METER DASH

DiMacchia	12.46
Gilles	12.70
Fellenstein	12.86
Post	13.38

4 X 800 RELAY

Trevino	1:05.9	2:15.7
		1:09.8
DeMercurio	1:06.7	2:22.0
		1:15.3
Walker	1:11.5	2:22.8
		1:11.3
Mausser	1:07.5	2:23.6
		1:16.1
2nd		9:24.38

4 X 100 RELAY

DiMacchia	
Gilles	
Fellenstein	
Lewis	
6th	49.25

SHOT PUT

Psimer	6th	38'2
Mayer	7th	37'7 1/2
Simo		33'6 1/2

4 X 200 RELAY

Gilles	25.2
Lewis	26.3
Taliano	26.2
DiMacchia	25.7
	1:43.52

DISCUS

Workman	89'11
Palmero	84'10
Studstill	71'1

200 METER DASH

Taliano	27.01
Farlow	28.40
Kocsis	29.25
Elliot	29.27

1600 METER RUN

Walker	1:12.1	2:28.3	3:47.3	4:57.76
1st		1:16.2	1:19.0	1:10.5
Zaidi	1:12.5	2:28.9	3:47.3	5:04.76
3rd		1:16.4	1:18.4	1:17.5
Naro	1:19.7	2:48.3	4:19.0	5:45.08
		1:28.6	1:30.7	1:26.1

4 X 400 RELAY

Lewis	0:59.8
Lindsay	0:58.9
Walker	1:00.2
Trevino	1:00.3
4th	3:59.22

POLE VAULT

400 METER DASH

Taliano	1:00.23
Bard	1:04.81
Chemey	1:06.89
Ray	1:14.10

800 METER RUN

Trevino	1:07.4	2:17.77
5th		1:10.4
DeMercurio	1:10.3	2:22.53
8th		1:12.2
Mausser	1:08.1	2:24.66
		1:16.6
Bremer	1:10.3	2:25.40
		1:15.1

LONG JUMP

110 M HURDLES

FINAL TEAM SCORE		100 METER DASH		4 X 800 RELAY			4 X 100 RELAY	
Massillon Perry	176.8	Thompson	<i>Final</i> 11.59	Ramirez	0:59.1	2:02.8	DiMacchia	
Medina	164		8th			1:03.7	Gilles	
Nordonia	84.8			Miller	1:00.9	2:04.8	Fellenstein	
Amherst Steele	83.3	Lugar	11.63			1:03.9	Lewis	
Berea-Midpark	67.3			Perez	1:00.4	2:03.2		
Medina B	44.3					1:02.8	6th	48.94
Rhodes	14	Stacey	11.83	Bowlsby	0:57.6	1:58.3		
Normandy	7.3					1:00.7		
				1st		8:10.36		

SHOT PUT		200 METER DASH		1600 METER RUN				4 X 200 RELAY		
George	41'7 1/2	Thompson	<i>Final</i> 22.89	Perez	1:07.2	2:17.2	3:27.5	4:28.73	Gilles	25.1
5th			4th			1:10.0	1:10.3	1:01.2	Lewis	26.1
Henry	40'8 1/4	Lugar	23.63	Michalak	1:12.9	2:26.6	3:43.0	4:59.52	Taliano	24.8
6th						1:13.7	1:16.4	1:16.5	DiMacchia	25.5
Mayer	39'2	Draga	23.92	Susi	1:13.6	2:29.6	3:47.5	5:01.65		
						1:16.0	1:17.9	1:14.2	7th	1:42.06

DISCUS		400 METER DASH		800 METER RUN			4 X 400 RELAY	
Simo	114'5	McQuate	<i>Final</i> 51.02	Bowlsby	56.9	1:59.41	Thompson	52.4
5th			1st			1:02.5	McQuate	50.8
Mayer	110'10	Stacey	53.22	Miller	1:02.3	2:10.46	Stacey	52.5
8th			8th			1:08.2	Tackett	50.2
George	108'0	Ramirez	55.44	Wilson	1:01.9	2:19.96	1st	3:26.40
						1:18.1		

POLE VAULT		LONG JUMP		3200 METER RUN								
Draga	13'10	Giurbino	18'7	Walker	1:15.9	2:35.9	3:58.6	5:23.1	6:46.0	8:09.6	9:30.9	10:47.37
1st						1:20.0	1:22.7	1:24.5	1:22.9	1:23.6	1:21.3	1:16.5
Miller	10'0	Stewart	17'7 1/4	Zaidi	1:17.6	2:45.7	4:17.1	5:46.6	7:14.2	8:40.9	10:08.2	11:38.44
						1:28.1	1:31.4	1:29.5	1:27.6	1:26.7	1:27.3	1:30.2
		Zalenka	14'6 1/2									

HIGH JUMP		100 METER HURDLES		300 METER HURDLES	
Stewart	5'7	Cislo	<i>Final</i> 18.21	Tackett	<i>Final</i> 40.68
8th			7th		3rd
Post	5'4	Stewart	21.87	Cislo	42.91
				6th	
Zalenka	5'1	Lee	19.50	Lee	46.13

Mon., May 8, 2023

Avon-Avon Lake JV

At Marion L. Steele High School

FINAL TEAM SCORE

No Team Scores

SHOT PUT

Simo	36'0
Workman	33'0
Palermo	31'6 1/2
Studstill	28'3 1/2
PSimer	F

100 METER DASH

Dimacchia	12.3
Gilles	12.4
Fellenstein	12.8
Farlow	13.2
Kocsis	13.8
Martinez	13.8
Elliot	14.1

4 X 800 RELAY

4 X 100 RELAY

Dimacchia	
Gilles	
Fellenstein	
Lewis	48.2

DISCUS

George	110'3
Workman	87'4
Palermo	82'10
Studstill	78'1
Kinser	59'4

200 METER DASH

Wilson	25.4
Gilles	25.6
Dimacchia	25.8
Fellenstein	26.1
Taliano	26.5
Kocsis	29.2
Elliot	29.4
Martinez	29.8

1600 METER RUN

Walker	1:11.3	2:27.1	3:44.7	4:56.3
		1:15.8	1:17.6	1:11.6
Michalak	1:09.4	2:25.9	3:44.2	4:57.9
		1:16.5	1:18.3	1:13.7
Susi	1:12.2	2:30.1	3:48.9	5:01.4
		1:17.9	1:18.8	1:12.5
DeMercurio	1:11.3	2:29.9	3:48.7	5:02.7
		1:18.6	1:18.8	1:14.0
Zaidi	1:10.1	2:27.5	3:47.4	5:06.4
		1:17.4	1:19.9	1:19.0
Nicely	1:11.6	2:30.7	3:50.6	5:08.8
		1:19.1	1:19.9	1:18.2
Mausser	1:11.3	2:31.1	3:53.8	5:16.9
		1:19.8	1:22.7	1:23.1
Cherney	1:27.3	3:04.9	4:42.5	6:09.8
		1:37.6	1:37.6	1:27.3
Ray	1:27.9	3:05.9	4:42.8	6:16.2
		1:38.0	1:36.9	1:33.4
Bard	1:21.1	3:05.2	4:44.3	6:24.6
		1:44.1	1:39.1	1:40.3

4 X 200 RELAY

Gilles	24.7
Lewis	26.0
Taliano	25.2
Dimacchia	24.8
	1:41.1

4 X 400 RELAY

Wilson	59.6
Taliano	58.7
Cherney	1:02.6
Bard	1:04.0
	4:04.9
Lewis	58.8
Lindsay	58.1
Walker	59.0
Trevino	58.8
	3:54.7

POLE VAULT

400 METER DASH

Zaidi	1:21.6
Rivera	1:25.9

800 METER RUN

Trevino	1:08.2	2:14.6
		1:06.4
Naro	1:14.3	2:28.0
		1:13.7
Ray	1:25.0	2:55.1
		1:30.1

LONG JUMP

110 M HURDLES

Lindsay	20.6
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HIGH JUMP

300 M HURDLES

Lindsay	0
Lindsay	48.1
Farlow	50.3

3200 METER RUN

Michalak	1:17.3	2:39.2	4:02.5	5:25.0	6:46.3	8:09.3	9:32.1	10:47.9
		1:21.9	1:23.3	1:22.5	1:21.3	1:23.0	1:22.8	1:15.8
Susi	1:19.4	2:44.3	4:09.1	5:34.3	6:58.9	8:25.8	9:51.9	11:11.1
		1:24.9	1:24.8	1:25.2	1:24.6	1:26.9	1:26.1	1:19.2
Pitcock	1:19.8	2:45.2	4:11.5	5:41.0	7:10.6	8:39.9	10:09.9	11:31.9
		1:25.4	1:26.3	1:29.5	1:29.6	1:29.3	1:30.0	1:22.0

FINAL TEAM SCORE		100 METER DASH			4 X 800 RELAY			4 X 100 RELAY	
			Semi	Final					
Avon	161	Lugar	11.81		Ramirez	56.7	2:01.7	Draga	
Amherst Steele	114.5						1:05.0	Thompson	
Avon Lake	85				Miller	1:01.5	2:04.9	Stacey	
Midview	84	Zelenka	12.38				1:03.4	Lugar	
Berea-Midpark	71				Perez	59.0	2:01.7		
Olmsted Falls	58.5						1:02.7	5th	44.43
North Ridgeville	52				Bowlsby	55.7	1:55.7		
Elyria	35						1:00.0		
					1st		8:04.38		

SHOT PUT		200 METER DASH			1600 METER RUN				4 X 200 RELAY		
			Semi	Final							
George	44'9 1/2	Thompson	23.13	23.06	Bowlsby	1:02.0	2:06.7	3:12.3	4:21.86	Tackett	22.5
7th		5th			1st		1:04.7	1:05.6	1:09.6	Thompson	22.4
Henry	40'4 3/4	Lugar	23.56	23.36	Perez	1:04.4	2:13.5	3:23.3	4:23.53	Lugar	22.8
		6th			2nd		1:09.1	1:09.8	1:00.2	McQuate	22.0
										2nd	1:30.06

DISCUS		400 METER DASH			800 METER RUN			4 X 400 RELAY	
			Semi	Final					
Mayer	122'5	Stacey	53.03	53.14	Bowlsby	1:00.5	1:59.10	Tackett	50.3
7th		8th			2nd		0:58.6	Stacey	51.4
Simo	117'8	Wilson	56.76		Ramirez	0:59.2	1:59.99	Draga	51.4
					5th		1:00.8	Ramirez	50.9
								2nd	3:24.55

110 METER HURDLES			LONG JUMP		3200 METER RUN								
	Semi	Final											
Cislo	16.45	16.00	Giurbino	19'4	Perez	1:11.9	2:29.3	3:45.1	5:02.8	6:21.3	7:39.0	8:54.3	9:58.65
4th					1st		1:17.4	1:15.8	1:17.7	1:18.5	1:17.7	1:15.3	1:04.3
Lee	17.90	17.28	Zelenka	19'3 1/4	Bowlsby	1:12.7	2:28.7	3:44.7	5:03.1	6:20.8	7:40.2	8:57.3	10:12.35
8th					2nd		1:16.0	1:16.0	1:18.4	1:17.7	1:19.4	1:17.1	1:15.0

300 METER HURDLES			HIGH JUMP		POLE VAULT	
	Semi	Final				
Tackett	40.80	40.22	Post	5'6	Draga	12'6
3rd			Tie 8th		3rd	
Cislo	43.02	42.06	Stewart	5'6	Miller	12'0
5th					7th	

FINAL TEAM SCORE		100 METER DASH		4 X 800 RELAY			4 X 100 RELAY					
		<i>Semi</i>	<i>Final</i>									
Avon	133.5	Lugar	11.73	Ramirez	:57.2	2:02.2	Draga					
St. Ignatius	98					1:05.0	Thompson					
Rocky River	76			Miller	:58.9	2:04.7	Stacey					
Amherst Steele	69.5	Heckmann	12.07			1:05.8	Lugar					
Midview	65			Perez	:56.9	2:00.5						
Avon Lake	51.5					1:03.6	7th	45.40	44.21			
St. Edward	37			Bowlsby	:56.7	1:56.8						
North Ridgeville	30					1:00.1						
Westlake	25.5						4 X 200 RELAY					
Lakewood	21			3rd		8:04.50	Tackett	22.4				
Olmsted Falls	19						Thompson	23.3				
Elyria	18	200 METER DASH		1600 METER RUN				Lugar	22.1			
North Olmsted	17	<i>Semi</i>	<i>Final</i>	Bowlsby	1:04.0	2:12.6	3:20.6	4:22.28	Draga	22.2		
Lorain	0	Thompson	23.67	22.93	1st	1:08.6	1:08.0	1:01.7	2nd	1:31.41		
John Marshall	0	8th			Walker	1:08.8	2:22.9	3:40.3	4:54.97	Tackett	22.4	
						1:14.1	1:17.4	1:14.7	Draga	22.2		
									Lugar	22.5		
									McQuate	21.5		
									New School Record			
									2nd	1:29.19		
SHOT PUT		400 METER DASH		800 METER RUN			4 X 400 RELAY					
		<i>Semi</i>	<i>Final</i>									
George	46'8	Stacey	53.54	Miller				Tackett	52.3	50.8		
7th				<i>Prelim:</i>	1:02.8	2:09.02	Stacey	53.7	52.1			
Henry	43'4 3/4	Trevino	58.68			1:06.2	Draga	53.1	51.0			
				Wilson				Ramirez	55.0	50.3		
				<i>Prelim:</i>	1:01.1	2:25.59	4th	3:34.21	3:24.48			
						1:24.5						
DISCUS		LONG JUMP		3200 METER RUN								
Mayer	117'9	Giurbino	20'2	Perez	1:07.2	2:20.8	3:35.3	4:49.9	6:01.7	7:15.0	8:26.7	9:30.47
		7th		1st		1:13.6	1:14.5	1:14.6	1:11.8	1:13.3	1:11.7	1:03.8
Simo	116'5	Zelenka	18'5 1/2	Bowlsby	1:10.0	2:22.9	3:36.6	4:51.0	6:02.3	7:16.9	8:30.0	9:37.17
				4th		1:12.9	1:13.7	1:14.4	1:11.3	1:14.6	1:13.1	1:07.2
110 METER HURDLES		HIGH JUMP		POLE VAULT		300 METER HURDLES						
<i>Semi</i>	<i>Final</i>					<i>Semi</i>	<i>Final</i>					
Cislo	16.82	Zelenka	5'6	Draga	13'6	Tackett	41.89	40.23				
				2nd		5th						
Lee	17.85	Post	5'4	Miller	12'0	Cislo	42.69	43.23				
				3rd		8th						

TEAM SCORES		100 METER DASH		4 X 800 RELAY				4 X 200 RELAY				
		<i>Semi</i>	<i>Final</i>									
Medina	73			Ramirez	:55.9	1:58.9		Tackett	22.2			
Toledo St. John's	62					1:03.0		Thompson	22.9			
Avon	58			Miller	1:00.5	2:03.9		Lugar	22.2			
St. Ignatius	40					1:03.4		Draga	23.7			
Amherst Steele	34			Perez	:58.6	2:02.2				1:31.38		
Sylvania Southview	30					1:03.6						
Toledo St. Francis	26			Bowlsby	:00.0	1:57.0				<i>Semi</i>	<i>Final</i>	
Avon Lake	23					1:57.0		Tackett		22.3		
Mansfield Senior	21							Thompson		22.1		
Medina Highland	20			5th		8:02.46		Lugar		22.4		
Rocky River	20							McQuate		22.3		
Parma Padua	17											
Anthony Wayne	15							5th		1:29.91		
Midview	15	200 METER DASH		1600 METER RUN				4 X 400 RELAY				
Elyria	14	<i>Semi</i>	<i>Final</i>							<i>Semi</i>		
Strongsville	14			Bowlsby	1:03.8	2:12.2	3:18.8	4:19.10	Tackett	52.5		
Lexington	14					1:08.4	1:06.6	1:00.3	Stacey	52.8		
Berea-Midpark	14								Draga	52.5		
Lima Shawnee	13								Ramirez	50.9		
Cloverleaf	13											
St. Edward	11								5th	3:28.77		
Toledo Whitmer	11											
Wadsworth	10											
Brunswick	10	400 METER DASH		800 METER RUN						<i>Semi</i>	<i>Final</i>	
Olmsted Falls	8	<i>Semi</i>	<i>Final</i>						Tackett		50.0	
Norwalk	7								McQuate		50.0	
Celina	7								Draga		51.2	
North Ridgeville	7								Ramirez		49.6	
Tiffin Columbian	7											
Lima Senior	6								5th	3:21.35		
Lakewood	5											
Ashland	5											
Perrysburg	4											
Wapakoneta	4											
Findlay	4	LONG JUMP		HIGH JUMP				DISCUS				
Cleveland Rhodes	4											
Toledo Bowsher	3											
Fremont Ross	3											
North Olmsted	3											
Sandusky	2											
Brecksville	1											
Oregon Clay	1											
Westlake	1	110 METER HURDLES		3200 METER RUN								
Maumee	1	<i>Semi</i>	<i>Final</i>									
				Perez	1:07.5	2:21.0	3:34.8	4:48.3	6:01.1	7:14.1	8:20.3	9:24.39
				1st		1:13.5	1:13.8	1:13.5	1:12.8	1:13.0	1:06.2	1:04.1
				Bowlsby	1:08.5	2:21.7	3:35.3	4:48.2	6:00.7	7:12.6	8:20.3	9:35.05
				7th		1:13.2	1:13.6	1:12.9	1:12.5	1:11.9	1:07.7	1:14.7
		300 METER HURDLES		POLE VAULT				SHOT PUT				
		<i>Semi</i>	<i>Final</i>									
				Draga		13'4						
				5th								
				Miller		NH						

Fri. and Sat., June 2-3, 2023

State Meet

At Jesse Owens Stadium, Columbus

TEAM SCORES

100 METER DASH

4 X 800 RELAY

4 X 200 RELAY

Semi Final

200 METER DASH

1600 METER RUN

4 X 400 RELAY

Semi Final

Semi

Bowlsby 1:03.1 2:08.9 3:12.4 **4:15.31**
1:05.8 1:03.5 1:02.9

Tackett 49.9
McQuate 50.3
Draga 51.7
Ramirez 51.3

3:23.57

400 METER DASH

800 METER RUN

Semi Final

LONG JUMP

HIGH JUMP

DISCUS

110 METER HURDLES

3200 METER RUN

Semi Final

Perez 1:12.8 2:25.0 3:36.2 4:47.7 5:58.5 7:11.6 8:21.5 **9:25.98**
1:12.2 1:11.2 1:11.5 1:10.8 1:13.1 1:09.9 1:04.5

300 METER HURDLES

POLE VAULT

SHOT PUT

Semi Final